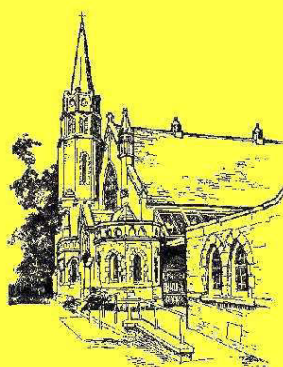


**Fulwood Methodist Church  
Crossroads Centre**



# **HARVEST 2023**



**Twinned with the Evangelisch-methodistische Kirche,  
Recklinghausen, Germany**



**THE FULWOOD METHODIST**

# FULWOOD METHODIST CHURCH

Watling Street Road, Fulwood, Preston, PR2 8EA

Tel. Preston (01772) 718741

## MINISTER

Revd Jane Wild - [jane.wild@methodist.org.uk](mailto:jane.wild@methodist.org.uk)

Tel. 01772 715134

## YOUTH, CHILDREN AND FAMILY WORKER

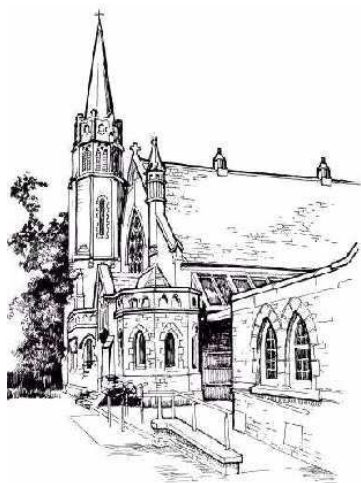
Darren Arnold - [darrenarnold.church@gmail.com](mailto:darrenarnold.church@gmail.com)

Tel. 07811 775825

## CIRCUIT PASTORAL WORKER

Denise Johnson - [djpastoral@outlook.com](mailto:djpastoral@outlook.com)

Tel. 07719 200451



Registered Charity No. 1133929

## SUNDAY SERVICES

9.45 am. SINGING PRACTICE (occasional)

10.30 am. MORNING WORSHIP & SUNDAY CLUB

6.00 pm. EVENING WORSHIP. Usually 3rd Sunday of the month

We offer a welcome to all ages on Sunday mornings, there is a CRÈCHE for babies and toddlers while parents are in worship. The first 15 minutes of worship are for all ages and then on most Sundays the children leave for their own time in SUNDAY CLUB, where there are groups for different ages. Parents can go out with the younger ones to see them settle, and then come back into Church for worship. Sunday Club and worship finish at the same time and an invitation is extended to everyone to stay and share in fellowship in the Willow Grove, where tea, coffee and orange juice are served.

The CHURCH MINIBUS provides free transport to and from Church on Sunday mornings. The timetable and route information are available at Church. Should you wish to make use of it please complete one of the request cards in Willow Grove.

HOLY COMMUNION is celebrated monthly (morning and evening) and once a month there is ALL-AGE WORSHIP involving children from the youth groups.

For BAPTISMS, MARRIAGES AND FUNERALS contact Revd Jane Wild

\* \* \* \* \*

**If you need any help, or have any concerns, please contact  
Revd Jane Wild or Mrs. Sue Penrith (862273)**

# PASTORAL LETTER

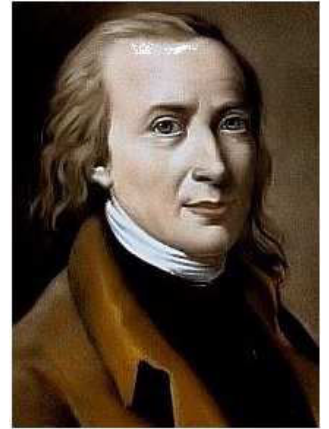
from Revd Jane Wild

Dear Friends

Harvest is nearly upon us. If I asked you to name a Harvest hymn, I am sure that many (maybe most of you) would name “We plough the fields and scatter” or if your German is up to it “*Wir pflügen und wir streuen*”.

It is part of a poem based on Psalm 144 and was written by Matthias Claudius. Claudius had been ill and during his illness had written several poems. In 1782, a friend invited him over for dinner and asked him to bring one of the Christian poems he had written. He brought along ‘Wir pflügen’ or a peasant’s song as it was known.

Originally it had seventeen verses, but it is usually cut down and begins with the original third verse.



Matthias Claudius  
1740 -1815



Jane Montgomery  
Campbell

In 1862 in England, Jane Montgomery Campbell started to translate a number of German hymns into English. She translated “Wir pflügen und wir streuen” into English as “We Plough the Fields and Scatter”; however, she did not make a strict translation from the original German, but ensured retention of the hymn’s original focus of giving thanks to God for the Harvest. She taught the hymn to the children at the Church of England parish school in London where her father was the rector and it was later published in Charles Bere’s *Garland of Songs and Children’s Chorale Book*.

There are several biblical resonances in the hymn as we sing it today but one of the strongest is in our first verse where we echo words attributed to Paul in a sermon at Salamis Recorder in Acts 14:17 “*yet he has not left himself without a witness in doing good-giving you rains from heaven and fruitful seasons, and filling you with food and your hearts with joy.*”



These words whether in the scripture or in the hymn surely shape our Harvest Thanksgiving as we celebrate the goodness of God in providing for us. After all,

*“All good gifts around us are sent from Heaven above.*

*Then thank the Lord, O thank the Lord for all his love.” Amen*

God bless,

*Jane*

## **FAMILY NEWS**

### **September**

14th Thanksgiving Service at Church for the life of Joyce Clarke.

\* \* \* \* \*

## **DIARY DATES**

### **September**

17th Harvest service

18th 6.30pm Alternative Church - Black Bull pub on Garstang Road

19th 7.00pm Book Club

23rd 9.30am to 1.00pm - Farmers' Market

26th 5.00 - 7.00pm Messy church

### **October**

3rd 7.00pm Bible Study

10th Church Council

14th 10.30 to 12 noon Domestic Abuse event at Fulwood

15th 2.30pm In person Equality Diversity and inclusion training at  
Kingsfold Methodist Church

16th 6.30pm Alternative Church - Black Bull pub on Garstang Road

### **November**

7th 7.00pm Bible Study Group at church.

\* \* \* \* \*

## **CHURCH STEWARDS**

Hilary Banks, Judith Lowe, Sue Rennie, Sue Salisbury,

\* \* \* \* \*

## **COMMUNION STEWARDS**

John Butterworth, Jacqueline Clarke, Barry Crossley,

Anne Garsed, Sue Hogarth, Olivia Parkinson, Laura Pavlikova.

\* \* \* \* \*

## **EDITORIAL TEAM**

EDITOR	Roy Smith	7 Southgate, Fulwood Preston PR2 3HX
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		Barbara Hothersall
		Libby Stone
	Computer layout	John Butterworth
	e-mail	<i><a href="mailto:fmc magazine@yahoo.co.uk">fmc magazine@yahoo.co.uk</a></i>



## EDITORIAL

It's always a scramble preparing two issues of the magazine close together in the summertime and the earlier date of the Harvest weekend has increased that pressure. However, never let it be said that we shirked our duty and we sincerely thank those members of the congregation who have done their best to help us out.

The copy date for our **Christmas** issue will be **Sunday, 19<sup>th</sup> November**. Any material in advance of that date would, of course, be most welcome. Please do remember that articles may be subject to editing.

*Roy Smith (Editor)*

\* \* \* \* \*

## AM CLUB

Restarting after the Summer Break from 5th September we will be providing a variety of topics from invited speakers. It is always a challenge to find a wide range of interests but we feel we continue to achieve this objective. If you are free to join on alternate Tuesday mornings for an hour you will be made welcome. We are constantly looking for new 'recruits' to join the group on either a regular or an ad hoc basis. It is important to maintain this fellowship within and beyond the church family.

*Dave Topping*

\* \* \* \* \*

## THOUGHTS FOR THE DAY

If all the world is a stage, where is the audience sitting?  
How can you save for a rainy day when it always is?!  
It is easier to pass the buck than to carry the can!  
Eat sensibly or it will all go to waist!  
Don't look back unless you intend to go that way!  
Almost anything is easier to get into rather than out of!  
Everything comes to those who wait, whether they want it or not!  
If a word is incorrectly spelt in the dictionary, how would we ever know?  
The world is full of willing people: some willing to work, the rest willing to let them!  
Don't blow your own trumpet unless you know the tune!  
There's a solution to every problem: the problem is finding that solution!  
The only thing wrong with the younger generation is that we oldies don't belong to it!  
Everything is impossible to the person who doesn't try!  
The grass may look greener next door, but it's just as hard to cut!  
If you can't find a sunny side to your life, polish up the dark side!  
Patience comes easiest to those who find something to do while they are waiting!



*Quotes from various sources found by Roy Smith*

## EXCITING TIMES AHEAD



You may be aware of some changes in the Circuit Ministry Team which are operational from September 2023.

The Circuit Ministry Team as a whole comprises of:

*Rev Jane Wild, Rev Mike Grimsley, Rev Sharon Thraves, Deacon Rebekah-Joy Spinks, Darren Arnold, Carolyn Hothersall, Denise Johnson, Sarah O'Halloran, Simon Skidmore* and a newly appointed Circuit Administrator, *Sonia Phillips*.

This is a mixture of lay and ordained staff of which some are full time and others part time. The team members have differing skills and talents to offer.

Churches in the Circuit have been grouped together to form Mission Groups of which there are three. Each Mission Group will be staffed by a Ministry Team which is a change from what we are used to.

**Fulwood Methodist Church is grouped with Central MC, Penwortham Bridge MC and Kingsfold MC and will be supported by the following staff team - Rev Jane Wild, Carolyn Hothersall, Darren Arnold, Denise Johnson and some input from Deacon Rebekah-Joy Spinks and Sarah O'Halloran.**

*The full groups are on the circuit website for the beginning of the new Methodist year in September. ([www.prestonribblemethodistcircuit.org.uk](http://www.prestonribblemethodistcircuit.org.uk))*

The staff team and leadership team for the Circuit have been working extremely hard to put this model of working into place and there are exciting times ahead as we work more as a team. The Circuit Meeting have affirmed this way of working and it will be reviewed as we travel along together.

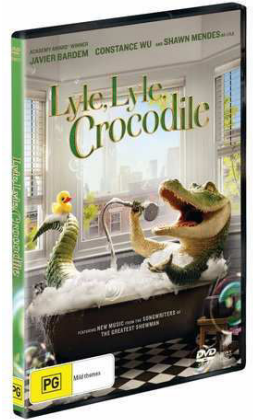
We are looking forward to meeting all of you and full contact details will be made available shortly.

***Denise Johnson***  
Circuit Pastoral Worker

## YOUTH, CHILDREN & FAMILY WORKER

*From Darren Arnold, our Youth, Children and Family worker*

At the time of writing this we are entering our last week of activities for summer at Fulwood. We've had three coffee, chat, colouring, craft and cake sessions, two film and popcorn sessions – watching *Matilda the Musical* and *Lyle, Lyle Crocodile*. A session watching England Lionesses vs China and two baking sessions where we made Maryland cookies and cheese scones. We've also run Toddler coffee morning sessions which have been much appreciated by parents, carers and grandparents.



For the circuit I've been involved with craft sessions at Bamber Bridge and run sessions at Kingsfold with the themes Pirates & Princesses, Space, Under the Sea and The Jungle.

Looking forward to the new Methodist year we are planning to relaunch the Friday night Youth Group at Fulwood. We are still looking for volunteers. Are you interested?

Six of our youngsters will be attending October's '3generate' weekend. They will be part of a Circuit group of 32 youngsters.

The puppet sessions will continue at Ribbleton Avenue Methodist Junior School after a successful year 6 assembly on Noah at the end of term.

*Darren*

# DO YOU NEED A VENUE?

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or email - [administrator@fulwoodmethodist.org.uk](mailto:administrator@fulwoodmethodist.org.uk)

## What's New

Sunday Club co-ordinator





## DOMESTIC ABUSE GROUP

On Saturday 14<sup>th</sup> October 2023, at Fulwood between 10.30am - 12noon, there will be an opportunity to listen to a speaker on the issues surrounding domestic abuse. Everyone is welcome from every church in our circuit. Our speaker will be Councillor Clare Hunter, previous Refuges Manager for Preston Domestic Violence Services (PDVS) Preston and Chorley Women's Refuges. We really look forward to welcoming everybody to learn more about this important subject. Please do read our adopted domestic abuse policy on the notice board in the Willow Grove, we are hopeful in the future that all churches in the circuit and beyond will do the same.

Thank you,

***Cheryl Arnold***

If you require support, you can speak to either -

Cheryl Arnold

Sue Penrith - Pastoral

National Domestic Violence Helpline

0808 2000 247

# Domestic Abuse – What is it?

**SATURDAY 14TH OCTOBER**  
**10.30 - 12NOON**  
**(COFFEE FROM 10AM)**

At Fulwood Methodist Church  
Watling Street Road, Fulwood.  
Preston. PR2 8EA.  
(Parking at rear of building)

**A talk by Councillor Clare Hunter.**  
**Previous Refuges Manager for**  
**Preston Domestic Violence**  
**Services (PDVS) Preston & Chorley**  
**Women's Refuges.**

**To improve our general awareness**  
**of abuse and about the different**  
**forms of domestic abuse and the**  
**effects it can have on all**  
**concerned.**

Further Information contact: Denise Johnson 07719 200451 or  
djpastoral@outlook.com



## THE MINISTRY OF FLOWERS



For anyone who doesn't know, this is how we use flowers in the Methodist Church. They can be seen in the service to remind us of God's wonderful world. They are then distributed afterwards to people, not just church family members, who are ill, anxious, worried, house bound or just need cheering up. They are also given out to people in celebration of good events like a birth, engagement, marriage, special anniversary, special birthday or other special achievement. This is different from other churches

where the flowers are left in church all week, so only the people able to get to church can see them.

In keeping with our eco church principles, we mainly do our arrangements in vases now with scrunched wire support inside. We no longer do large pedestal arrangements every week with the need to use florists' foam, which is very bad for the environment. We do use local florists and growers, as well as local supermarkets for flowers and supplement them with greenery from our own and the church's gardens to keep costs to a minimum.

There is a flower fund and anyone can contribute to this by giving money for a special occasion or in memory of a loved one or just by giving so others can receive. Barry Crossley, one of the team, is very willing to receive any contributions from you.

We are a small band of six and none of us is getting younger! If you like flowers in our services and like the idea of distributing them to others afterwards, then please offer to help by joining us, otherwise this very welcome and beautiful way of showing God's love will cease.

*Veronica Frost, Jan Astley, Delma Whitman,  
Janet Lowes, Ellen Gregory and Barry Crossley.*





## A HARVEST MEMORY

This Harvest brings a first performance of a new worship song with words by David Topping, set to music by me.

Twenty years ago when Len and I celebrated our 40th wedding anniversary the Fulwood choir gave the first performance of an anthem 'God is love' specially composed for us by Andrew Carter. Andrew was one time organist and music director at York Minster. I did not dare tell the choir that he was going to be in the congregation as they would have been seriously spooked! We had rehearsed well with Geoff Bond our lovely organist at the time and I was to conduct the choir. On the Friday of the Harvest weekend Geoff went completely deaf and was unable to



play! I had to abandon conducting and quickly learn to play the organ part knowing too that the composer was coming to hear and that he was also a well known organist! No pressure!! Happily all went well.

*Mavis Fletcher*

\* \* \* \* \*

## ONE SYLLABLE AT A TIME

An elder from the Cherokee nation was teaching the children in the village about life. He told them "A fight is going on inside me. It is like a terrible fight between two wolves". The children asked him to explain what he meant. Where were these wolves, they wondered?

You can't see them but both have long names, he said. One is called '**angerfearenavysorrowregretgreedarroganceselfpityguiltresentmentinferiority**'. The other is called '**joylovehopesharinghumilitykindnessfriendshipgenerositytruthandcompassion**'.

The children asked how on earth they were meant to remember those names? Easily, he replied. "**Just take life one step at a time and all will become clear.**"

Then they asked how the fight was going and who would win.

**"That is easy too"** he replied. **"It will be the one which you feed"**.

So, dear readers, when you have sorted that out, and thought about who or what you are feeding right now, see what you can do with the name of a certain Welsh village name! - Shortened to **LlanfairPG**.

*Ken Wales*

## A WHOLE NEW WORLD

It is our mission at Ribbleton Avenue Methodist Junior School (RAMJS) to provide 'Brighter futures for all!' and what better place to start than building a love of the great outdoors into our curriculum.

For many of our children, life experiences may be limited due to the high levels of deprivation in the community. Being an inner city school, the access to nature, outdoor activities and the opportunities to try new things are reliant on funds,



transport and expertise. It is our hope that through the development of our curriculum, we can begin to give children regular life experiences that will help them develop new hobbies and passion alongside the confidence to push themselves to try new things and experience their 'Best Life!' Through our exciting new curriculum focus, children at RAMJS have the opportunity to embark on some amazing outdoor learning and as part of our quest, we are building our

own outdoor learning space from scratch! Our children have a designated session, every other week, building on learning and life skills whilst impacting positively on our external environment.

What is most wonderful about this process is that as we develop our own forest and growing patches, fire pit and outdoor classroom, the RAMJS family will be part of planting the seeds for future generations of children to enjoy God's world in all its wonder;

*"But ask the beasts, and they will teach you; the birds of the heavens, and they will tell you; or the bushes of the earth, and they will teach you; and the fish of the sea will declare to you. Who among all these does not know that the hand of the LORD has done this?" Job 12:7-9*



To reinforce this, our new curriculum focus, we are also planning lots of trips; the purpose of which is to give our children first hand experiences that both broaden their horizons and provide experiential learning opportunities. These trip are designed to allow children to experience different settings and develop an awareness of the different seasons and the environment which enriches our county.



So is this all a new fad? A taste of today's flavour. Well only time will tell, but whatever work we do at RAMJS we check it first against the school values. This is what we found'

**Ambition** - to gain a greater awareness of the locality; exploring new activities that impact on life chances and encourage new hobbies and enjoyments.

**Courage** - gaining the courage to try new activities and gaining a strong understanding of the activities that children enjoy/don't enjoy to ensure a wider future prospect.

**Respect** - to build an understanding of the importance of respecting nature and our environment which positively impacts on the world around us and beyond.

**Love** - to develop a love of nature, the outdoors and a passion for trying new experiences that broaden life chances.

**Hope** - to give hope to our community and our future generations of a sustainable, respected and loved planet based on a sound foundation of respect for the world in which we live.

**Faith** - to find peace and tranquillity in the world around us; recognising the gifts bestowed upon the world by our own individual God whilst using our own personal faith and beliefs to demonstrate thanks for all we have by taking care of our environment.

We look forward to updating our school community with regular posts about this exciting learning that is taking place.

As always the children can explain why this work is so important to them and how it is impacting on their learning and life skill development so these quotes from Lily and Zaara really sums why we are doing what we are doing!

*"I like building stuff and in outdoor learning we get to use different materials so now I can actually tie different types of knots!"* Lily.

*"I love being outside learning about nature and why it is so important to look after our environment for the future."* Zaara.

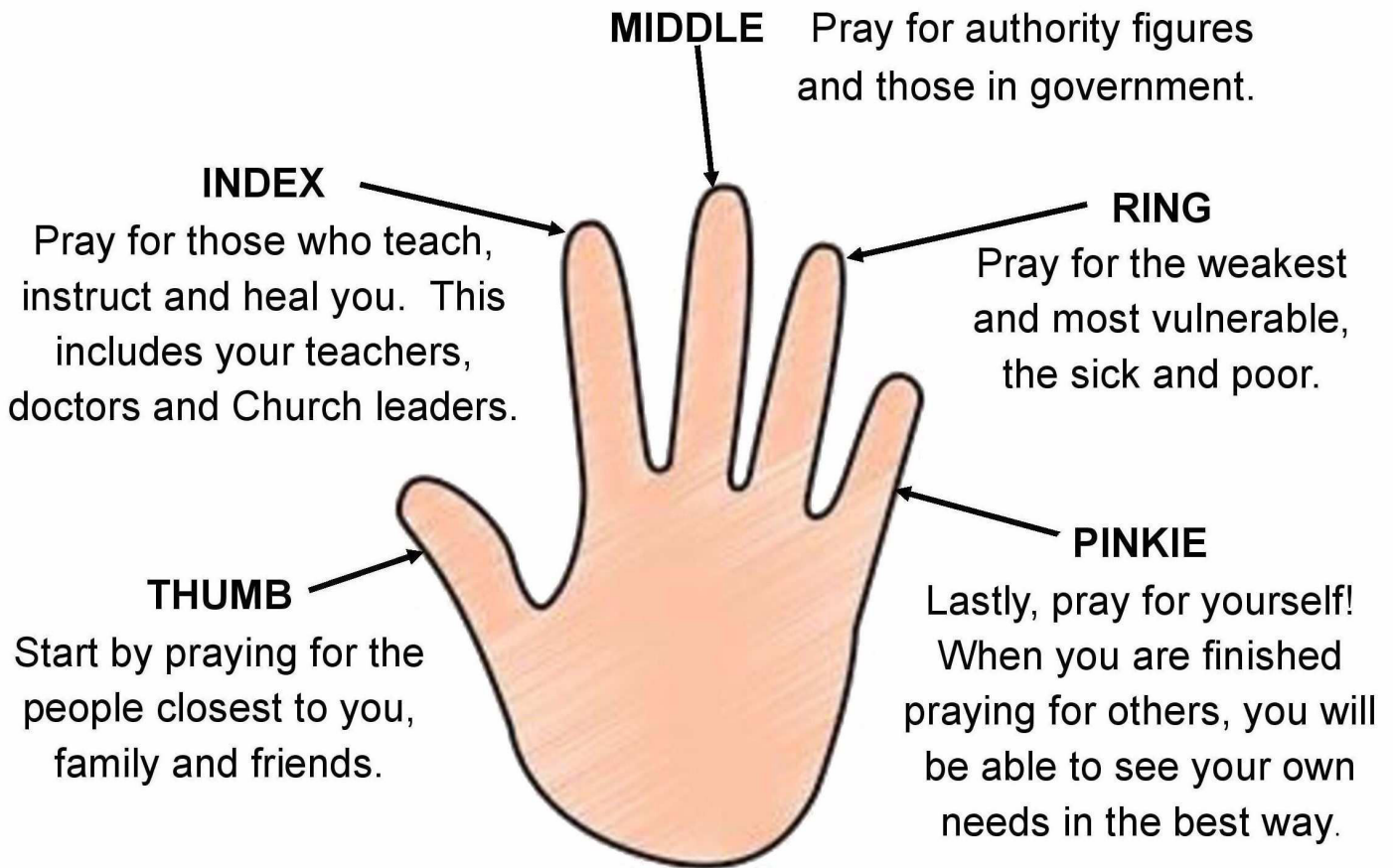
And if after all those super positive comments, you are still not convinced, these wonderful smiles should tell us everything we need to know about the valuable experience our Outdoor Learning is providing!

If you want to see the proof about why this project is so important, these wonderful smiles are telling us the huge value and impact this work is already having!



**Fran Nickson - Headteacher**

## 5 FINGER PRAYER



# Martin's

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## BOOK CLUB NEWS

In the last magazine, an article about the Church Book Club provided the details about our programme for the next twelve months or so. If you would like to be reminded about our activities, do ask Janet or myself or look at the details we will be leaving on the table in the Willow Grove. You could also check once again in the magazine itself via the Church website.

In July, we held a very relaxed evening discussing what made good holiday reading for each of us. So no prior reading of a single book was necessary and we learnt what a varied bunch we are. Lots of ideas were exchanged and I, for one, have followed up one of the suggestions as part of my August reading. It really is interesting to learn the unexpected treasures which have been discovered by other people - I mean that in the best possible way!! And, of course, some of us choose our holiday reading so that we can explore new ideas, places and activities.

We will be holding our first meeting in the new sequence in mid-September just as you may well be reading this edition of the magazine. So this is a brief item this time, with once again a very warm invitation to any who wish to join us at our informal and friendly meetings. You will all be welcome.

*Ken Wales*

\* \* \* \* \*

### JERUSALEM

And did these feet in younger days  
Run up and down the stairs with ease?  
And when we went to church to pray  
Could we all go down on our knees?

And could we scrub and clean all day?  
The weekly wash we would not shirk,  
And could we dance the night away  
And still get up in time for work?

Bring me my embrocation rub,  
Bring me my glass of tonic wine!  
Bring me my Radox for my tub!  
Bring me my pills, I shall be fine!

I will not yield to aches and pains,  
Nor shall I bow to housemaid's knee  
'Til I have got my zimmer frame  
And Age Concern has set me free.

*(Unknown) Not William Blake*

# HEALING POWER OF HUMOUR

from Malcolm Rae OBE FRCN

I have been invited to write a series of articles on the health and wellbeing benefits of humour, smiles and laughter. In introducing this subject, I feel like a mosquito in a nudist camp, I hardly know where to begin.

I am happy to do so, as I am recovering from extensive oral surgery, following a long career in healthcare management and having had to regularly perform facial gymnastics of gritting my teeth, poking my nose into things, keeping my ear to the ground, biting my tongue, avoiding paying lip service, and keeping my chin up!



**Malcolm Rae**

Photo - Nursing Times

The problem with being a leader in the NHS today is that you don't know whether people are following you, or chasing you!

Science has proven that humour is a valuable aid to health, raising our spirits, relieving tension and frustrations, enabling us to look differently at life difficulties, and increase our resilience.

Evidence demonstrates that humour can have a profound impact on our emotional and physical systems, and boost our immunity.

Appropriate and timely humour can also be a personal asset in engaging with others, adding colour to conversations and strengthening work and social relationships, along with enhancing your reputation as a positive individual and good team player or, perhaps, a leader, in providing enlightened influence and motivation.

It is argued that humour and optimism are the 'grease and glue' of life; without both of these it will be very difficult to succeed or survive in life. However, there is a health warning. Humour can be infectious and runs the risk of breaking out into chuckles and giddiness at the most unexpected places and inappropriate times!

Ask yourself, "Do people see you as a radiator or a drain?"

It is important to remember that there is no language barrier when you smile!

Humour can be of value in different forms both verbal or pictorial in illustrating a point or getting a key message or information over in a teaching or a work situation. Over the next few editions of the church magazine, I plan to write a series of articles on different themes associated with humour and resilience. Some of them may be thought provoking and challenging, as well as highlighting the value of fun, chuckles and laughter in coping with life pressures.

I intend exploring some do's and don'ts and to suggest some practical techniques and different strategies for responding to setbacks, upsets, difficulties or disappointment, and to think about how we might make adjustments to remove tension, lift our spirits, and make life more bearable or enjoyable when you, or others close to you, may be experiencing dark moods or troubled times in what can be a hostile world.

Instead of "GRIM and BEAR it", we should aim to "GRIN and SHARE it!"

I plan to share amusing anecdotes from my career in healthcare as a leader and clinician, along with being a long-time collector of funny stories, newspaper items,



misquotes, puns, quotations and fun riddles which in turn you may wish to share with others.

I hope items from each edition will help to brighten up your day, put a spring in your step, perhaps, and turn any negative thoughts into positive and optimistic ones. At least I wish to make you smile.

As well as fun and playfulness, I intend exploring some thoughts for sensitively and empathically supporting people who maybe experiencing the pain of loss and grief, in a way which celebrates the life of a person who has died.

### **Some Do's and Don'ts**

A sense of humour is a gift. Like any gift it can be abused and there may be times when it is totally inappropriate and insensitive. For example, being sarcastic or making fun of others, or undermining people. Like practically everything else in life, moderation usually is the key, so relax, do not push it!

Seeking to be humorous can be risky, and a potential nightmare if you get it wrong or use it clumsily. So, use it deftly and with caution.

Humour can be an appetiser or a dessert, or sometimes the main course, but, never the whole meal. Remember, no one wants cake or steak all of the time.

A cardinal rule of humour is, never say anything about anyone which you would not have said against yourself.

Use the A, T and T test for stories and jokes. Make sure they are Appropriate, Timely and Tasteful. Remember, in humour, what is APPEALING to one person might be APPALLING to another.

Start with yourself; self-deprecation, self-parody and humility can win people over.

The real wit tells stories to make other people feel superior and included; those without wit tell stories to make others feel small and on the margins.

Our aim should be to take ourselves lightly, whilst respecting and valuing others.

Plan your spontaneity. Prepare and do your research. Rehearse your 'ad libs'. Mark Twain said it took him three weeks to write a good impromptu speech! Be prepared to accept and respond to the humour of others. The English language is full of ambiguities and real-life situations can be very funny. When I spot something amusing, I write it down for future reference. For example, the often-used cliché "there you go". A nurse gives a suppository to patient and says "There you go." The patient immediately responds, "I hope there will be a short delay!"

Think about utilising humour in meetings or speeches, when it can be a way of settling people down and engaging them.

Also remember its OK to exaggerate a little, a tall tale in the service of humour is a noble thing.

Of note; the Bible approves of using humour when it says, "a Merry heart doeth good, like a medicine". *Proverbs 17:22*.

This month's humour offering will focus on learning lessons from life, words spoken by children and young people; retirement; growing old and becoming vintage; a few fun riddles and, hopefully, will include something for everyone.

My intended purpose over time, is to make you aware of the humorous opportunities that surround us, and offer tools and techniques to help you deal with life pressures and in some instances, add to your coping skills.

My final hope is to make you chuckle and lift your spirits, rather than making you laugh out loud. That is best left to comedians or comedy writers.

### **SOME STORIES AND RIDDLES FOR LIGHT RELIEF.**

#### ***Out of the Mouths of Children***

In the RE class, the teacher was trying to impress the meaning of grace before meals, “Tommy, what does your father say before meals?” Tommy replied “Please Miss, he says go easy on the butter, it is dear these days!”

A little girl asks her mother “Does God live in our bathroom?” Mum, “Why do you ask?” “Because every morning daddy shouts ‘my god,’ are you still in there?”

Little girl to mummy, “Mummy, why does the pastor pray before he goes into the pulpit?” “He is asking God to help him preach a good sermon” Little girl, “Why doesn’t God answer his prayer?”

#### ***Growing Older. Retirement. Becoming ‘Vintage’***

- On retirement - goodbye tension, hello pension.
- Retirement means no pressures, no heartaches... unless you watch PNE!
- The secret to staying young; ‘eat sensibly, plenty of sleep, regular exercise and lie about your age!’

#### **Fun Riddles**

1. There were 5 people under an umbrella. Why didn’t they get wet?
2. What does the winner of a race lose?
3. What goes under your feet and over your head?
4. What occurs once a month, twice in a moment, but never in a day?
5. Why did a man take a pencil to bed?

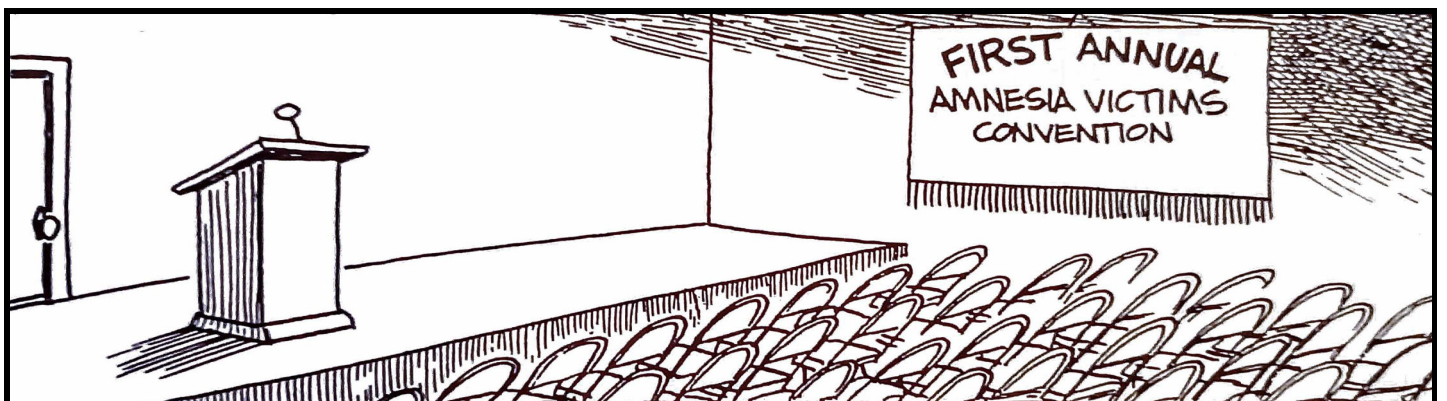
***Answers on Page 23***

My next offering will focus on techniques for getting through ‘Trying Times’, followed by a focus on ‘Looking for humour in illness and sorrow and a celebration of life’. Until next time, keep smiling!

***Malcolm***

\*\*\*\*\*

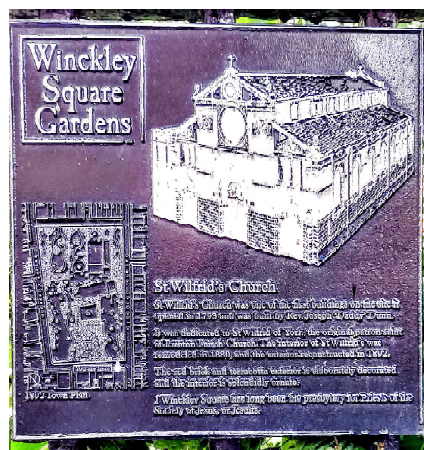
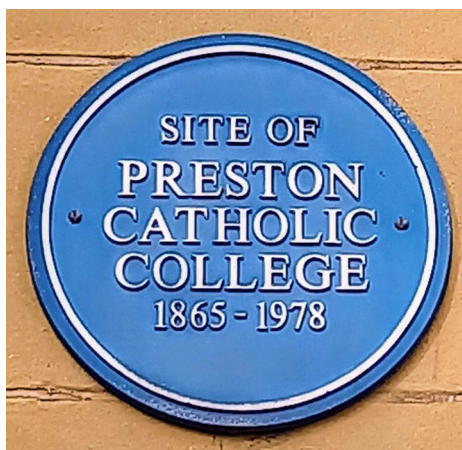
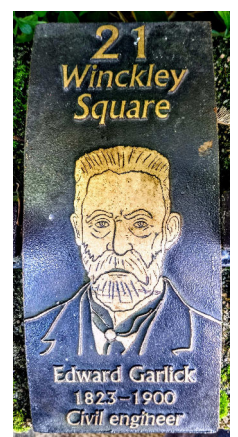
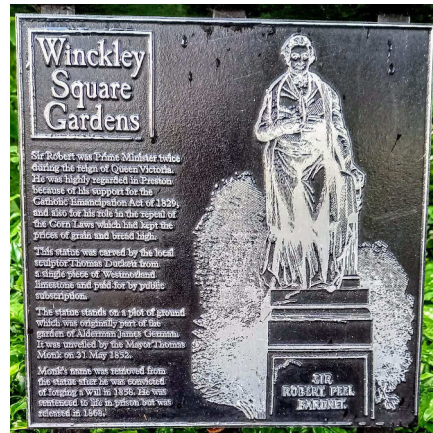
### **FORGETFUL?**





# WINCKLEY SQUARE PLAQUES

The plaques here are all round Winckley Square in Preston, located in many areas of the Square. On the walls, the fences and on the ground. Go and have a wander round. It is well worth exploring.



All photos - *John Butterworth*

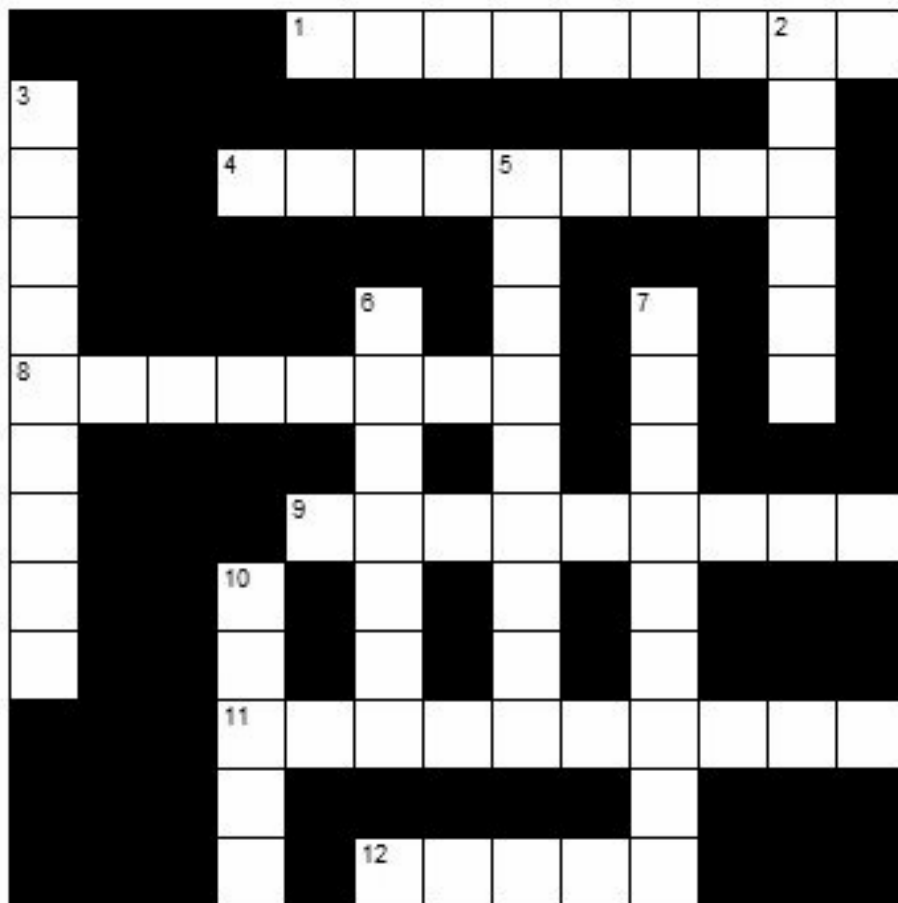


## CROSSWORD - SOMETHING DIFFERENT!

The puzzle in this edition is in two parts. The first part is a little easier than usual.  
You are asked to note the following overall instructions.

- A. There are twelve solutions in Part 1- a bit of a giveaway to start with!
- B. Each clue, whether across or down, is in either 2 or 3 parts. Each is a separate suggestion of what the solution may be..
- C. When you have the solutions, take note of the letters at the beginning in each case. You will need these in Part 2.

### Part 1



### Across

- 1 i) garment made from rubberised waterproof cloth. (9 letters)  
ii) Scottish family name of the inventor.
- 4 i) a Filofax, for example. (9)  
ii) someone who arranges for something to happen.
- 8 i) self-important. (8)  
ii) organ tar. (anagram)
- 9 i) decorative ornament usually worn to advantage. (10)  
ii) might be composed of precious stones, or ones of lesser value.



- 11 i) someone having a pleasant fantasy. (10)  
 ii) Don Quixote, for example.
- 12 i) a washing-up brand. (5)  
 ii) in a godmother format, they can be very helpful.

### Down

- 2 i) one of two on court usually at Wimbledon. (6)  
 ii) vital part of an advanced computer system.
- 3 i) the second lowest rank above - Michael perhaps. (9)  
 ii) novel by Robert Harris, later made into a film.
- 5 i) someone from these parts - above the Humber-Mersey line? (9)  
 ii) "Someone who says 'hello' in London." (a joke)
- 6 i) 'Meekness and .....' we sing. (7)  
 ii) Formal address to sovereign.
- 7 i) soft sugary treat. (9 or 5,4)  
 ii) first made in Lancashire over a hundred years ago.
- 10 i) someone who sits on the bench....? (5)  
 ii) . ...to make an important decision!

### Part 2

**D.** Once you start solving the clues, you can then also enter their first and last letter into the following spaces. Start with the first and last letter of the solution and then complete the sequence.

**E.** The sequence is,

- 7 down \_ \_ \_ \_ \_ \_ \_
- 12 across \_ \_ \_ \_ \_ \_ \_
- 1 across \_ \_ \_ \_ \_
- 3 down \_ \_ \_ \_ \_
- 6 down \_ \_ \_ \_
- 10 down \_ \_ \_ \_ \_
- 9 across \_ \_ \_ \_ \_
- 8 across \_ \_ \_ \_ \_ \_
- 2 down \_ \_ \_ \_ \_ \_ \_ \_
- 4 across \_ \_ \_ \_ \_ \_ \_
- 5 down \_ \_ \_ \_ \_ \_ \_
- 11 across \_ \_ \_ \_ \_ \_ \_



What have you created? Something seasonal, I hope!

*Ken Wales*

## I'M STILL ME!

So, my body don't look like it used to,  
But I'm still the same soul inside.  
And although it might take me longer,  
I still like to dress with pride.

My fingers are crooked, sometimes they're sore.  
But they can still close in a prayer.  
And they can hold the hand of a grandchild,  
And show them how much I care.

Lines have appeared all over my face  
I'm up 3 or 4 times every night,  
But I have so much to be grateful for,  
I can honestly say, it's alright!

The topic is illness when meeting with friends  
But we're thankful for medicines and pills.  
We have a good laugh, mainly at ourselves,  
When sorting the 'on-line' bills.

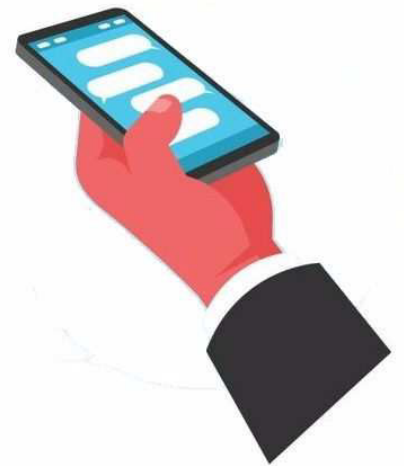
I can't walk as much as I used to  
But then I can still drive my car.  
Cyberspace, Instagram, podcasts,  
Is technology going too far!

If I can't get out, I chat on the phone  
It's good to keep feeling cheery.  
And if all else fails and there's no-one in,  
I can talk to Alexa or Siri.

I wear sensible shoes, no longer high heels,  
I have to draw in my eye-brow.  
My hair is short, not the colour it was.  
But, grey hair's in fashion now

I need glasses to read, and really good light.  
I'm usually in bed before ten.  
But when I wake in the morning I say, "Thank you Lord",  
And it's, here we go again!

The lady you see before you,  
Is the same girl she was in her youth.  
Happy, blessed and content with her lot,  
And grounded in Biblical truth.



**Sue Whiteford**

*Back in April a Christian Charity called 'Embracing Age' advertised a poetry competition called 'Hope in Ageing'. This was in our notices and I decided to enter.*

*I have recently been informed that although I was not one of the six winning entries, my poem has been shortlisted and will form part of an Anthology that they are publishing to celebrate 'Older Peoples Day' in October.*

## A FARRAGO

A somewhat meagre offering this time, I'm afraid.

However, we're always pleased to receive copies of magazines, newsheets and visitor guides from other churches and examples have come in from Coughton with Sambourne (near Alcester in Warwickshire) and from the Isles of Scilly.

*We also regularly receive* a copy of the magazine from our twinned Evangelische-methodistische Kirche in Recklinghausen, Germany. This is available translated to English on our website via a link on the front page.

[www.fulwoodmethodist.org.uk](http://www.fulwoodmethodist.org.uk)

*Roy Smith*

\* \* \* \* \*

## GOD'S OMNIPOTENCE

A Sunday school teacher was asking her students some questions after a series of lessons on God's omnipotence. She asked, "Is there anything God can't do?"

All was silent. Finally, one boy held up his hand.

The teacher, on seeing this, was disappointed that they had missed the point of the lesson. She sighed and asked, "Well, what is it you think God can't do?"

The boy replied, "He can't please everybody."

*Author Unknown*

\* \* \* \* \*

God doesn't look at our imperfections, only our potential.

*Unknown*

Man sees your actions, but God your motives.

*Thomas a Kempis*

Faith is not idle; it works while it waits.

*Ronald Dunn*

More things are wrought by prayer than this world dreams of.

*Tennyson*

\* \* \* \* \*

Answers to the riddles on page 18.

1. It wasn't raining
2. Their breath
3. A skipping rope
4. The letter 'm'
5. To draw the curtains

## MORE SEASONAL CUSTOMS

You've just missed it! On the first Monday, after the first Sunday, after the 4<sup>th</sup> of September, at about 8 o'clock in the morning, the Horn Dancers of Abbots Bromley near Uttoxeter in Staffordshire, meet at the parish church to collect sets of reindeer horns and to receive a blessing from the Vicar.

The figures of the dance are quite simple and are done at a fairly gentle pace. Each set of antlers is somewhat cumbersome and there's about 10 miles to go as they spread the magic of the dance along the lanes, in the fields, at the farms, at Blithfield Hall (home of the Bagot family) and at the local pubs. What with all the dancing forward and back, round and round, that 10 miles actually turns out to be nearer 30 – and they'll finish about 12 hours later!

Look them up on *Google*, watch them in action and learn more about this dance, which may possibly date back to 1686 – or it may be 1226 – or it may even be earlier.

Who knows? It must have seemed like a good idea at the time to indulge in such a demanding display!

What other customs are associated with autumn? Well, there's Harvest celebrations aplenty. Then there's the Mop Fair at Marlborough and Widecombe Fair in Devon - do you ever recall singing that song at school? There's also the Egremont Crab Fair up in Cumbria with its Gurning Competition: i.e. putting your head through a horse collar and pulling the ugliest faces imaginable (and people who can take out their false teeth stand a better chance of winning!)

There's also the Clog & Apron Race at Kew Gardens (now that's turning the clock back!) and there's the Black Pudding Throwing Competition held at Ramsbottom.

What a wonderful, eccentric world!!

*Roy Smith*

*Brian Mengella*

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## **PRAYERS & REFLECTIONS**

### **YOU CANNOT PRAY THE LORD'S PRAYER**

You cannot pray the Lord's Prayer  
And even once say, "I";  
You cannot pray the Lord's Prayer  
And even once say, "My";  
Nor can you pray the Lord's Prayer  
And not pray for another;  
For when you ask for daily bread  
You can't miss out your brother;  
For others are included  
In each and every plea –  
From beginning to the end of it  
It doesn't once say, "Me".

*Author unknown*

### **HAVE A MIND AND KNOW IT**

Have a mind and know it,  
Have a will and show it,  
Draw a line and toe it,  
See your way and go it.  
Meet a chance and take it,  
A friendly hand and shake it,  
A rule and never break it;  
If there's no time – make it.  
Love the truth and stand by it,  
And never try to shy it,  
Whoever may deny it,  
Or openly defy it.  
Hear a lie and slay it,  
Owe a debt and pay it  
And - know your game  
And play it!

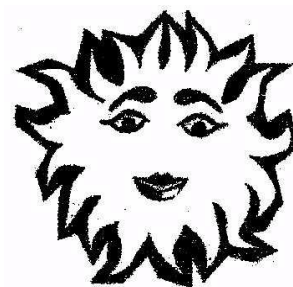
*Author unknown*

*Sources of work are always checked*

## A GRADELY PRAYER



Give us, Lord, a bit o' sun  
A bit o' wark an a bit o' fun.  
Give us aw, in the struggle an' splutter  
Our daily bread, an' a bit o' butter,  
Give us health, our keep to make,  
An' a bit to spare, for poor folk's sake,  
Give us sense, for we're some of us duffers,  
An' a heart to feel, for them that suffers.



Give us, too, a bit of a song,  
An' a tale an' a book, to help us along,  
An' give us our share, o' sorrow's lesson,  
That we may prove, how griefs a blessin'.

Give us Lord, a chance to be,  
Our gradely best, brave, wise an' free,  
Our gradely best, for ourselves an' others,  
Till all men learn, to live as brothers

*An American website give the source of this poem as being on the wall of an old inn in Lancaster, England! How true this we'll probably never know!*

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## FOUND BY A MEMBER AT FULWOOD

### **A PRAYER For Those Growing Old**

Lord; Thou knowest I am growing older. Keep me from becoming talkative and possessed with the idea that I must express myself on every subject.

Release me from the craving to straighten out everyone's affairs.

Keep me from the recital of endless detail. Give me wings to get to the point.

Seal my lips when I am inclined to tell of my aches and pains. They are increasing with the years and my love to speak of them grows sweeter as time goes by.

Teach me the glorious lesson that occasionally I may be wrong. Make me thoughtful but not nosey; helpful but not bossy. With my vast store of wisdom and experience it does seem a pity not to use it all. But Thou knowest, Lord, that I want a few friends at the end.

**Amen.**

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## THE HUMAN BODY QUIZ

- 1) Tropical trees \_\_\_\_\_
- 2) Parts of a chair or table \_\_\_\_\_
- 3) Two young farm animals \_\_\_\_\_
- 4) A clock has two \_\_\_\_\_
- 5) Foreign places of worship \_\_\_\_\_
- 6) Noisy instruments \_\_\_\_\_
- 7) A fine stag \_\_\_\_\_ think about this one
- 8) Swift animals \_\_\_\_\_ and this!
- 9) A crest of a hill \_\_\_\_\_
- 10) A personal pronoun \_\_\_\_\_
- 11) A large box \_\_\_\_\_
- 12) Kettle covers \_\_\_\_\_
- 13) Used by carpenters and blacksmiths \_\_\_\_\_
- 14) What the army marches on \_\_\_\_\_
- 15) English measure \_\_\_\_\_
- 16) A type of bean \_\_\_\_\_
- 17) Two scholars \_\_\_\_\_
- 18) Part of a cereal \_\_\_\_\_
- 19) Used for rowing \_\_\_\_\_
- 20) A container of liquid \_\_\_\_\_
- 21) Part of a knife \_\_\_\_\_
- 22) Smoking damages these \_\_\_\_\_
- 23) Used by an artist \_\_\_\_\_
- 24) Anger / vent your ‘?’ \_\_\_\_\_
- 25) Pages at the end of a book \_\_\_\_\_
- 26) Roads \_\_\_\_\_
- 27) Worn by a monarch \_\_\_\_\_
- 28) Shellfish \_\_\_\_\_ think about this one too
- 29) You can get that from naughty boys \_\_\_\_\_
- 30) Two flowers \_\_\_\_\_ and this!
- 31) Weapons of warfare \_\_\_\_\_
- 32) Found in marble \_\_\_\_\_
- 33) Top of a drum \_\_\_\_\_
- 34) Small fish \_\_\_\_\_ also needs thought!

*Found by John Butterworth. Answers in the Christmas issue*





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## Stuart Black

### CHURCH NOTICES THAT DIDN'T QUITE COME OUT RIGHT....

The preacher for Sunday next will be found hanging on the notice board in the porch.

The minister is going on holiday next Saturday. Could all missionary boxes be handed into the vicarage by Friday evening, at the latest.

Ladies, when you have emptied the teapot, please stand upside down in the sink.

There will be a procession in the grounds of the monastery next Sunday afternoon. If it rains in the afternoon, the procession will take place in the morning.

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# POEMS & VERSES

## BACK TO SCHOOL

Every name is called a **NOUN**  
As *field* and *fountain*, *street* and *town*;  
In place of noun the **PRONOUN** *stands*,  
As *he* and *she* can clap their hands;  
The **ADJECTIVE** describes a thing,  
As *magic wand* or *bridal ring*;  
The **VERB** means action, something done –  
To *read* and *write*, to *jump* and *run*;  
How things are done the **ADVERBS** tell,  
As *quickly*, *slowly*, *badly*, *well*;  
The **PREPOSITION** shows relation,  
As *in* the street or *at* the station;  
**CONJUNCTIONS** join in many ways  
Sentences, words *or* phrase *and* phrase;  
The **INTERJECTION** cries out, “*Hark!*”  
I need an exclamation mark!”



*Author unknown*

\* \* \* \* \*

## NO RUSH

In retirement I've a new motto  
For when folk try to give me a push;  
When they want me to go a bit faster  
With a smile, I reply, “There's no rush”.

At work life was timed to the minute,  
Amidst all the bustle and crush;  
It wasn't quite the thing to say,  
“I'm late, but there's really no rush”.

So one day, when the Lord comes to take me  
As He will, sure as shove comes to push,  
He might just say, with a twinkle,  
“Bide a while, lad – there's really no rush”.

Found in *Isles of Scilly Methodist Circuit magazine*  
[www.scillymethodists.co.uk/images/augsept2021mag.pdf](http://www.scillymethodists.co.uk/images/augsept2021mag.pdf)

## CHURCH ACTIVITIES

### Sunday

10.30 am	Sunday Club	Janet Wales
12.30 pm	OMG (2nd Sun of month for years 5 to 8/9)	Darren Arnold

### Tuesday

10.00 am	AM Club - Men (fortnightly)	Roy Smith
2.00 pm	Tuesday at Two - Ladies (fortnightly)	Barbara Hothersall
5 - 7.00 pm	Messy Church (half-termly) for families	Delma Whitman
7.00 pm	Bible Fellowship (monthly)	Margaret Holmes
7.00 pm	Book Club (monthly)	Ken Wales

### Wednesday

10 till 1.30	Welcome Wednesday - food, activities, games and New2U stall	
10.30 am	Midweek Communion with prayers	
7.30 /8 pm	WoW (monthly Women's Group)	Wendy Gaskell
7.00 pm	Community Choir	Dave Topping

### Thursday

2.30 pm	Knitting Group	Veronica Frost
---------	----------------	----------------

### Friday

9.30 am	Toddlers' Club (under 5s & parents/carers)	Janet Porter
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### Saturday

10.30 - noon	Who Let The Dads Out? (monthly)	Darren Arnold
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## FOR CHILDREN & YOUNG PEOPLE

### Monday

5.45 pm	Beavers (6 - 8 yr)	Fiona Jackson
7.00 pm	Cubs (8 - 10½ yr)	Dave Killingback
4.45 pm	Squirrels (4 - 5 yr)	Ketran Eastham

### Tuesday

7.00 pm	Scouts (10½ - 14 yr)	Chris Thomas
---------	----------------------	--------------

### Thursday

5.45 pm	Rainbows (5 - 7 yr)	Jayne Myatt
6.15 pm	Brownies (7 - 10 yr)	Diane Bird
7.30 pm	Guides (10 - 14 yr)	Hannah Jones

### Friday

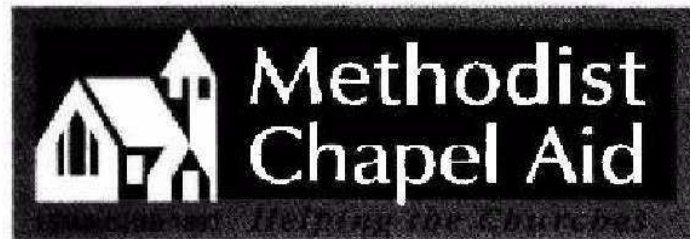
6.30 pm	Escape (7- 11 yr)	Darren Arnold
8.00 pm	Youth Club	Darren Arnold

### Sunday

10.30 am	Sunday Club	Janet Wales
12.30 pm	OMG (2nd Sun of month for years 5 to 8/9)	Wendy Bennett



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