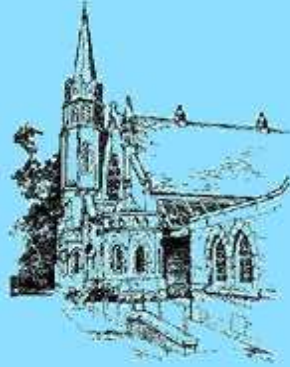




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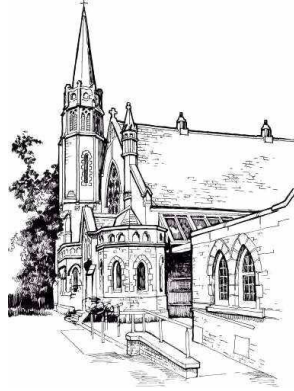
THE FULWOOD METHODIST

FULWOOD METHODIST CHURCH

Watling Street Road, Fulwood, Preston, PR2 8EA

Tel. Preston (01772) 718741

Registered Charity No. 1133929



MINISTER

Rev. Jane Wild

jane.wild@methodist.org.uk

Tel. 01772 715134

YOUTH, CHILDREN AND FAMILY WORKER

Darren Arnold

darrenarnold.church@gmail.com

Tel. 07811 775825

SUNDAY SERVICES

9.45 am SINGING PRACTICE

10.30 am MORNING WORSHIP & SUNDAY CLUB

We offer a welcome to all ages on Sunday mornings, there is a CRÈCHE for babies and toddlers while parents are in worship. The first 15 minutes of worship are for all ages and then on most Sundays the children leave for their own time in SUNDAY CLUB, where there are groups for different ages. Parents can go out with the younger ones to see them settle, and then come back into church for worship. Sunday Club and worship finish at the same time and an invitation is extended to everyone to stay and share in fellowship in the Willow Grove, where tea, coffee and orange juice are served.

The CHURCH MINIBUS provides free transport to and from Church on Sunday mornings. The timetable and route information are available at Church. Should you wish to make use of it please complete one of the request cards in Willow Grove.

6.30 pm. EVENING WORSHIP. With every 2nd Sunday of the month from 4.00 pm to 6.00 pm - **SPACE** - Multiplex Worship and Discipleship for all, at various circuit churches. (*See weekly notices for details*)

HOLY COMMUNION is celebrated monthly (morning and evening) and once a month there is ALL-AGE WORSHIP involving children from the youth groups.

For BAPTISMS, MARRIAGES AND FUNERALS contact Rev. Jane Wild

**If you need any help, or have any concerns, please contact
Rev. Jane Wild or Mrs. Sue Penrith**

or contact Tel.....

EDITORIAL

As ever, our sincere thanks to all who have provided material for this issue of The Fulwood Methodist and also to all those involved in the production process. We know that people appreciate the effort: they just don't seem to get around to putting their thanks into words very often! However, a reader from far away recently said how much she looked forward to the arrival of each issue. "It's SO interesting," she said. Let's hope this one lives up to her expectations!

Recent memories around D-Day has led to an exchange of messages between several Church members about "What Daddy did in the war." If you would like to share a few memories, please contact us as soon as possible. It would be good to start off the series in our autumn issue - and don't forget photos!

The **copy date** for our **Harvest issue** will be **Sunday, 18th August, 2019**. Any material in advance of that date would, of course, be most welcome. Please do remember that articles may be subject to editing!

Roy Smith (Editor)
rdkdancer@gmail.com

* * * * *

FULWOOD STEWARDS CHURCH

Wendy Bennett, John Ferris, Amanda Latham,
Barbara Peake, Margaret Squire, Verity Wild

COMMUNION

Pauline Kirkham (Senior Steward), Lesley Birkett,
John Butterworth, Jacqueline Clarke, Sue Hogarth,
Graham Johnson, Pam Johnson, Melba Southwood

Pastoral Secretary:

Sue Penrith - email: *suepenrith@virginmedia.com*

* * * * *

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Assisted by	Barbara Hothersall
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If you need a spare copy, please pick one up from Willow Grove. This magazine is also available in large print version and on the internet at www.fulwoodmethodist.org.uk and click the Magazine cover graphic or the **Online Magazine** tab on the 2nd page.

If you have a smartphone, scan the QR-code alongside to access the site. Copies going back to Harvest 2001 are available!



PASTORAL LETTER

from Rev. Jane Wild

Hello Friends,

In Acts 10 we read the story of Peter and a turning point in the mission of the early Church. Peter was committed to sharing and spreading the good news of Jesus, crucified and alive, and the early chapters of Acts tell a marvellous story. Yet as a Jew, he believed that this gospel was for the Jewish people and so Gentiles would need to be circumcised on their way to becoming followers of Jesus. Peter goes to pray and God speaks clearly to him through this vision that all are equal. He goes to the home of the Gentile Cornelius, who had received a message from God for Peter. It is in this moment that Peter is changed as he proclaims: “I truly understand that God shows no partiality, but in every nation, anyone who fears him and does what is right is acceptable to him” (v. 34).

Although this passage is often called ‘the conversion of Cornelius’, it is perhaps more importantly understood as the conversion of Peter (see how Peter continues to bring this new revelation to bear upon the early Church in Acts 15:1-21). Prayer lies at the heart of who we are as disciples of Jesus – and it works!

Within the Methodist Church, we have a strong emphasis on social action, caring for and including all people as we are the people of God. At the Methodist Conference this year there is a new report on Marriage and Relationships and there is a summary in the middle of this magazine for your prayerful consideration. Over the next year there will be opportunities to contribute to the discussion the Church has about this as we seek to make sense of the complexities of our social situations.

From a broader perspective, The Joint Public Issues Team of the Baptist Union of Great Britain, the Church of Scotland, the Methodist Church and the United Reformed Church reminds us to think and act for justice and peace. Its newest campaigns are around environmental issues, making the world a safer and fairer place for the poorest of the world’s people. They question the impact of the hostile environment on our culture; challenge the norms on gambling abuse; ask questions about religious freedom and explore the issues around our political system.

If you want to, visit the JPIT website to learn more. This is the link www.jointpublicissues.org.uk or you may like to use the prayer, on the next page, written by them as a prayer focus.



When I look at someone I don't know, what do I see?
 God, I am sorry that my first answer is not always
 another child of God,
 a brother or sister,
 a neighbour to be loved.
 We have been encouraged to fear the other,
 and suspicion has become a way of life.
 We confess our complicity in creating a culture of hostility,
 and our willing compliance with the demands of authorities, however unjust.
 God of mercy, we pray,
 quell unfounded fears,
 forgive our distrustfulness,
 and help us to see strangers through your eyes.
 Give us opportunities to show welcome, to receive love,
 and to build up the community you call us to share.
 In the name of Jesus, Amen

SIMEON MITCHELL

#ENDHOSTILITY/ WWW.JOINTPUBLICISSUES.ORG.UK/END_HOSTILITY

There are many challenges for us in being disciples; to our assumption our relationships and our understanding. Through prayer, studying the word of God in the Bible and acceptance of the Spirit of God working in us we too can gain the insight and freedom that Peter gained to live in the Kingdom of God now.

God Bless,

Jane

* * * * *

FAMILY SUMMER FUN

Plans have now been made for Fulwood's Family Summer Fun. This year's activities include colouring, cake & chat, family film time, super hero party, arty party and a summer disco.

There are also some evening events for the whole church and families to attend; these include dads & lads games evening (all males welcome), ladies pamper night, plus two film showings – The Greatest Showman (hot dogs for sale) & Mamma Mia 2 (pizza slices for sale).



As you can see there is plenty going on, but I do need your help in supervising the activities, so please, if you can spare some time over the holidays to help run these sessions please let me know.

For information on dates and times of activities please pick up the Summer Fun programme.

Darren

FAMILY NEWS

Baptisms

5 May Joseph Mounsey

12 May Naomi Phillips



Weddings

28 March Stuart Holmes and Margaret Nicholson

27 April David Regan and Marie Regan

30 May Joseph Hiesley and Chloe Bennett



CHANGES IN THE CIRCUIT

As the Methodist year draws to a close there are changes in the circuit. Revd Andrew Webb and Revd Mark Slaney will be moving to new appointments, Andrew to be the superintendent minister of the Skipton Circuit and Mark, the Chair of the Scotland District. In this Circuit, we will be greeting two New Ministers, Revd Karen Le Mouton at Bamberbridge and Christ Church Longridge and Janet Titterton at Penwortham Kingsfold and Trinity Gregson Lane. Revd Jane Wild will take up the role of Superintendent Minister from the 1st of September.

Please remember in your prayers all those who are moving at this time.



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Stuart Black

EMMAUS WALK

It was the Sunday after Easter and we had been reminded in our Bible reading of the walk to Emmaus and of how the travellers' sadness had been transformed into hope and wonder as they realised that Jesus was alive and had been walking with them.

On the Sunday evening a group of about a dozen met to make our own Emmaus walk. Led by the Revd Jane we began at church with a prayer and then we tried to imagine the emotions of those who walked so long ago. We, as we walked with a partner along Highgate Avenue were asked to catch up on what had happened in the last week and where we were with God.

We made our way into Highgate Wood and paused by the bridge over the little brook to cast our minds back to the raw grief of losing a friend, and of Jesus' horrendous death. We read the psalm, As the deer longs for the stream of cool water so I long for you O God (Psalm 42).

In silence we walked along the valley thinking as we walked of all that Jesus had done in His lifetime, of all the miracles and good things, of all those healed. Wonderful memories and we gave thanks.

At the Preston College Arena – such a reminder of a typical Roman scene – we paused to pray for others in our locality and in the wider world. We lit our lantern, a sign of Jesus, the Light of the World and prayed that His message would touch the hearts of us all so that we could work together for the common good.

As we retraced our steps we appreciated the spring beauty, the fresh green, the blossom beginning and the wonderful birdsong all around. We remembered the Emmaus story as we carried a cross to a picnic table and prepared it with a cloth and the elements for our Communion supper.

As we gathered around in the amazing stillness, so near to busy roads but here a scene of peace, the birds sang as we celebrated Communion, sharing the bread and wine together and daring to believe that Jesus was with us too in the bread and wine. It was such a beautiful moment, moving in its simplicity.

We walked back to Church giving thanks, remembering how those long ago travellers were so invigorated that despite all the dangers of night travel, they walked back to Jerusalem to share the good news, a challenge for us to be more adventurous in sharing our faith.

Back at Church we met for final prayers and a blessing, (on next page). It was such a special experience that I wanted to share it with you. I hope that we might do it again and that you might join us.

Mavis Fletcher

THE BLESSING

May the blessing of God surround us
May angels and friends share our journey
May we be safeguarded, loved and cherished
May we walk on holy ground
May people of faith inspire us
May wisdom and justice empower us
May we be wise and strong and creative
May we celebrate life and hope
May God's image grow within us
May laughter and courage heal us
May the Gospel of life sustain us
All the days of our journey home.



WALK TO
EMMAUS
THE UPPER ROOM

Graphic from - www.emmauswalks.ie

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'PETERLOO' - ENGLAND'S TIANANMEN SQUARE!

The massacre of protesting students and others in Tiananmen Square in Beijing in 1989 is unlikely to be forgotten, but it certainly was not a unique event. On August 16th 1819, a crowd of 60,000 men, women and children was charged by mounted cavalry, leaving 15 dead and about 650 injured. The establishment of the day from the Prince Regent, the Home Secretary Lord Sidmouth, the local magistrates and the military claimed a seditious and violent mob had been contained. It happened in St Peter's Fields in Manchester and it has come down in history as the Peterloo Massacre.

Life at this time for the working classes was not easy. After the end of the Napoleonic wars there was much unemployment, the Corn Laws were responsible for price rises and the working classes had no representation in Parliament. There had been several protests calling for universal suffrage and other reforms before Peterloo. The establishment had concerns about several things: the role of women and Methodism, because of its affinity with the poor, were just two of them. In Lancashire women had established their own reform societies, the first being the Blackburn Female Reform Society, chaired by Mrs Alice Kitchen. These women faced much public hostility. The other so-called hotbed of sedition was the Methodist Sunday Schools where children were taught to read and write. Some of them later became preachers. A key figure in Methodist protest was Dr Joseph Healey who organised several marches. These were lively events with marchers dressing up in their Sunday best and singing rousing hymns as they marched.

The march to St Peter's Fields was a big one, drawing folk from the industrial towns across Lancashire. The marchers had done all they could to make clear the peaceful intentions. One in eight of the marchers were women dressed in white, their accompanying menfolk in their Sunday best, They carried silk banners, they sang hymns and folk songs. They were looking forward to hearing some famous speakers who would address the crowd on their arrival, one in particular Henry (Orator) Hunt, and they were well drilled and orderly. This was to indicate to the authorities that they were well disciplined and not a disorderly rabble. Sadly the authorities did not perceive this. For some time the activities of protesters had been carefully monitored by the establishment and plans were undoubtedly laid. The Manchester and Salford Yeomanry Cavalry had been formed for just such an occasion as the St Peter's Fields march and on this day they were backed up by the Hussars with their freshly sharpened sabres. The result was carnage. The injured were trampled by the horses as well as receiving sabre blows - it was indeed a massacre!



The local magistrates immediately claimed that they had put down an insurrection and the organisers of the march were accused of high treason and imprisoned. Any journalists present were also arrested and any others who reported on the events shared the same fate. The organisers and leaders of the march, including Hunt, were also imprisoned, but it did not end there. The paranoid establishment went on to pass the Six Acts bringing about a legal crackdown on press and public freedoms. Any meetings on church or state matters of more than 50 persons had to obtain permission from a sheriff or magistrate and publication laws become more oppressive. Fortunately there were folk who were prepared to come out and condemn the events in Manchester. Literary figures such as the poet Shelley and prominent figures who had observed the massacre were prepared to speak out in print. A weapon in their armoury was the use of satire which their targets could do little to contest. William Hone produced a piece entitled “The Political House that Jack Built and employed the cartoonist George Cruikshank to illustrate it and no punches were pulled! The term ‘Peterloo’ was coined by the editor of the Manchester Observer, James Wroe, a combination of Peter’s Fields and Waterloo.

The outrage across the country at the events that day turned the tide of public opinion and eventually the Great Reform Bill was passed in 1832 which rooted out the most blatant corruption in the electoral process. Universal suffrage was longer in coming, the first Representation of the Peoples Act was passed in 1918.

One witness at St Peters Fields was a cotton merchant with a social conscience and a political reformer and journalist who wrote for the Manchester Gazette. He had had his brushes with politicians of the day and had come out on top. In 1821, two years after the massacre, he founded his own newspaper. His name was John Edward Taylor and his newspaper was the Manchester Guardian. It was he, with some colleagues, who had written accounts of the massacre to send down to London by the night coach after the Times journalist John Tyas had been arrested. Their version was published within 48 hours of the event, getting ahead of the ‘official’ version. The first edition of the paper was published on May 5th 1821. In his first leader



John Edward Taylor

column he stated that his paper was “an enemy to scurrility and slander on either side”. One hundred years later C. P. Scott went on to say that “the voices of opponents no less than friends have a right to be heard”. In 1959 its name changed to ‘the Guardian’, but its ethos remains the same. It is owned by the Scott Trust which was created in 1936 to “secure the financial and editorial independence in perpetuity and to safeguard journalistic freedom and liberal values free from commercial or political interference”. It is still going fairly strong, and in 2019, as in 1821, it is often not popular with the establishment!!

Barbara Hothersall

Martin's

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THE OCCASIONAL CHOIR

We are enjoying our 'Occasional Choir' whose plan is to sing at special occasions in the church year. As we cannot all guarantee to be available at any one time there is security in numbers so do join us if you would enjoy taking part in enhancing our worship even if your availability is restricted. If the choir is big enough we will always have enough members to feel confident.. We are starting with simple music and as we gain confidence we shall try to add to our repertoire.



We would love to have an 'Occasional Orchestra' too!

Perhaps 'orchestra' is a bit too grand, more of an ensemble perhaps! Looking ahead to Christmas, how about playing some carols; music not too difficult, a new sound for the congregation to enjoy and fun for us!

Watch out for more news and in the meantime dust off your strings, woodwind, brass or percussion and we'll have a Saturday morning some time to see what we can do. Even if your skills are rusty or you are a beginner we can write a part for you!

Please get in touch with Mavis Fletcher at mavis@sunnyhill6.com if you are interested. All ages welcome. We shall play for our own pleasure at first and when we are confident, we shall stun everyone else!

* * * * *

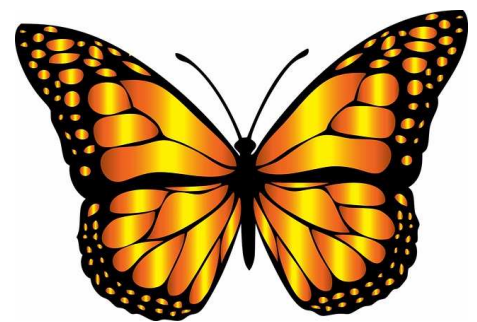
When I stand in the shadow, of the high mountain,
or walk beside the gently running stream.
I know you are there.

As I walk along the busy street,
or stand in the crowded supermarket,
I know you are there.

When I look up into the starlit sky,
or see the colours in a butterfly's wing,
I know you are there.

At the end of the day,
in the still of the night,
I know you are there.

As I put my hand in yours,
and walk towards the light,
Loving God, I know you are there.



Amen.

Derek Jackson
Gocek Church, Turkey
Received through 'Methodists on line'
(via Mavis Fletcher)

Marriage and Relationships 2019

GOD IN LOVE UNITES US

The Report of the Marriage and Relationships Task Group 2019.

‘The Marriage and Relationships Task Group’ will present a report to the 2019 Conference with recommendations about various issues to do with relationships in general and marriage in particular. If accepted by Conference, those recommendations will be submitted to the wider Church for consultation during 2019-2020, with a final decision being made at the July 2020 Conference.

Background: The Methodist Church has not fully reflected on the theology of marriage and relationships since 1992, although work has been carried out by several Task Groups since then. ‘The Marriage and Relationships Task Group’ set up in 2014, identified the need for an update and to revisit the ‘definition’ of marriage and the current Task Group (set up in 2016) have been looking at this. The 2018 Conference directed that, instead of a statement, the Task Group should bring a report on these matters which could include any proposed changes to Standing Orders, were the definition of marriage to change.

The following gives a flavour of the introduction to the report and its major recommendations: -

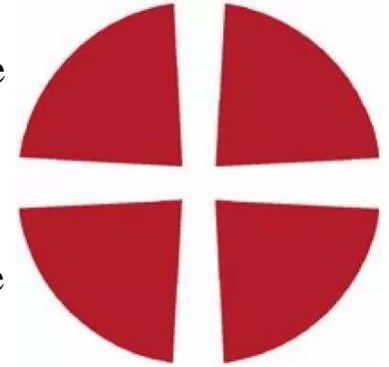
Introduction:

Relationships, sex and marriage are important issues for everyone. To speak on these topics is both a challenge and an opportunity. As part of its calling and mission, the Methodist Church must engage with the reality of how people are living today. Looking at these relationships raises questions about the nature of marriage, cohabitation, living in relationships and living with different sexualities. These questions cut right to the very identity of who we are, and who those we love are and can be.

The group looked at how we can best live faithfully as Christians in these relationships today. As Methodist people, we differ in how we answer this question. Yet, we are called to be in loving communion with one another. What we share in loving God and in knowing we are loved by God, is much greater than anything that divides us.

Since 1993, the Methodist people have been encouraged to be on a ‘Pilgrimage of Faith’. This has challenged us to listen and to learn from each other on issues of sexuality, relationships and faith, and to move on together.

Sometimes, we find it hard to understand why others do not see things as we do and



hurt has been caused to many people along the way. Yet as the Methodist people, we have chosen to journey on together and find ways of living with contradictory convictions.

There is a need to be able to talk better together about relationships, marriage and sexuality. This has come most clearly from the Methodist young people at their annual gathering, '3Generate'.

The Marriage and Relationships Task Group is a living, worked example of the Pilgrimage of Faith, starting at different places and with some disagreement. The members grappled with their contradictory convictions and found God meeting them in each other.

Section 0.4 of 'God in Love Unites Us' sets out in detail what is considered in the report starting with examining where relationships fit into the understanding of what it is to be human, exploring how God created us all to be fundamentally relational beings, and the part our sexuality plays in that.

Recommendations:

That the Conference receives the Report and commends it to the Connexion for study and prayerful discussion.

The Conference adopts the recommendation that it affirm the following summary understanding of the principles or qualities of good relating:

- All significant relationships should be built on self-giving love, commitment, fidelity, loyalty, honesty, mutual respect, equality and the desire for the mutual flourishing of the people involved.
- It is through that self-giving, rather than through self-seeking, that the self flourishes and begins to experience life in all its fullness (though it needs to be recognised that the universal Church's historic emphasis on self-sacrifice has often been misunderstood and misused [e.g., by abusive partners] in a way that is destructive of the wellbeing of the ones abused [often women]).

The Conference adopts the recommendation that it affirm the following summary understanding of cohabitation:

- The Church recognises that the love of God is present within the love of human beings who are drawn to each other, and who enter freely into some form of life-enhancing committed relationship with each other, whether that be through informal cohabitation or a more formal commitment entered into publicly.
- As a Church we wish to celebrate that the love of God is present in these circumstances, even if that grace is not responded to or even discerned by the people concerned.

- The Church has an important calling, therefore, to point to the presence of God's love within such relationships, and to encourage people to respond to it in the renewing and deepening (by whatever means) of their commitment.

The Conference directs that the Methodist Council, in consultation with the Faith and Order Committee, ensure resources be produced for the celebration of civil partnerships.

The Conference directs the Faith and Order Committee to explore producing liturgical resources and relevant guidance for use at the ending of a marriage.

The Conference adopts the recommendation that the Methodist Church offer more support for marriage, alongside other committed relationships; and directs that the Methodist Council ensure resources be produced to help provide this support drawing on the theological insights of the purposes, qualities and patterns for good relating set out in the report.

The Conference adopts the Guidance on the Understanding of Marriage and directs that it be included in the Guidance section of CPD.

G1 The Methodist Church welcomes everyone, whether or not a member, who enquires about an intended marriage in any of its places of worship. It looks for an openness to God in them, not necessarily a developed understanding of the Christian faith.

G2 Legally, marriage is a contractual relationship entered into by two people who make solemn vows and commitments to each other, without either the nature of the marriage or the nature of the commitments being further defined under the law of the land. In the understanding of the Methodist Church, marriage encompasses that, but is also deeper and richer. The Methodist Church believes that marriage is a covenant relationship between two people, within God's covenant of love with them. Through it, they may experience, explore and express God's gracious love.

G3 The Methodist Church believes that marriage is an exclusive relationship, freely entered into with a life-long intention of uniting two people in body, heart, mind and soul in ways that are appropriate to each partner. In it, God's Spirit enables both partners to know the security of love and care, bringing to each other comfort and companionship, enrichment and encouragement, tenderness and trust. Through such marriage children may be nurtured, family life strengthened, and human society enriched.

G4 The Methodist Church recognises that amongst its members different views are held about the interpretation of the Bible and Christian tradition as to whether those

being married may be any two people, or may only be a woman and a man. The Methodist Church has decided to respect and make practical provisions for both positions.

G5 A marriage service or a service of blessing of a marriage that has been previously solemnised may only be conducted in a Methodist place of worship when it can be shown that the requirements of the legislation in the appropriate jurisdiction have been met.

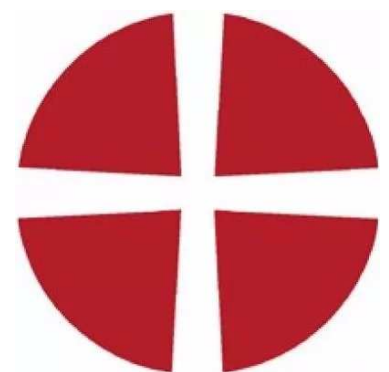
G6 Where there is a desire to use places of worship for marriage services or for services of blessing for a marriage previously solemnised, the managing trustees of those premises should actively consider whether they wish to do so solely for marriages of mixed-sex couples, or for marriages of same-sex couples as well as mixed-sex couples. The managing trustees should re-consider the question of the use of the place of worship for such services every five years or sooner.

G7 Where the managing trustees wish to use a place of worship for marriage services, and the legislation of the relevant jurisdiction requires church buildings or personnel to be registered or authorised for the solemnisation of marriages, the managing trustees should take the relevant steps to comply.

For the purposes of section 26A of the Marriage Act 1949 (as inserted by section 4(1) of the Marriage (Same Sex Couples) Act 2013) the Conference consents to the marriage of same sex couples and accordingly authorises the managing trustees or, if none, the trustees, of any Methodist building in England and Wales capable of registration under section 43A of the Marriage Act 1949 (as amended by paragraph 1 of Schedule 1 to the Marriage (Same Sex Couples) Act 2013) to register that building under that section.

What happens next?

The full Marriage and Relationships paper will be put before Conference and a vote will be taken. If the Conference commends it to the Connexion, it is anticipated the report will be presented to Synods from September onwards with the consultation period lasting until Spring 2020. Synods will vote on the proposals between in the Spring of 2020 with a report collating all the votes going before the 2020 Methodist Conference.



via *Rev Jane Wild*

A FARRAGO

- Calling all singers! A choir is needed for the Circuit Welcome Service on Sunday, 1st September, at Penwortham. Rehearsals are on Tuesday at Penwortham Methodist Church, starting at 7:30 pm on 2nd, 9th, 23rd & 30th July. Details from Jason McMahon on 07871 273721 (jasonmcmahon@live.co.uk)
- You may have noticed from the Methodist Recorder mention of the death in mid-May of Jean Vanier, founder of the international L'Arche Community.
- You may also have noted that 'All We Can' (the Methodist Relief and Development Charity) had been short-listed for this year's Charity Awards.
- Other folks' church magazines, newsletters and weekly information sheets have arrived from the following places: Airedale Methodist Circuit; Eccleston (near Chorley), St Mary's Catholic Cathedral, Edinburgh; St Mary's Episcopal Cathedral, Edinburgh; St Matthew's, Rosslyn (a.k.a. Rosslyn Chapel), Edinburgh; Fulwood, Christ Church; Fulwood URC; Hereford, St John's Methodist Church; Kingston Methodist Church, Surrey; Llanbedr-y-Cennin (Conwy), St Peter's; Midlothian, Scotland, Oakworth Methodist Church; Penwortham, St Leonard's; Preston, Central Methodist Church; SE Scotland, Coldingham Priory; Warton, St Paul's; Whitewell (Trough of Bowland), St Michael's. We thank all who've taken the trouble to bring these in. We also regularly receive a copy of the magazine from our twinned Evangelisch-methodistische Kirche in Recklinghausen, Germany .

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REFLECTIONS ON MY REHAB AFTER HAVING A NEW HIP

in response to Rachel Imms Easter article on Health and Safety

When it's drummed into you that you must not bend, turn or twist from the waist for at least 12 weeks post op, in case you pop your new hip out, you realise pretty quickly just how many times a day you actually and naturally do these actions. When living alone this becomes even more difficult, especially as this operation was caused by a trip, so no forward planning was in place.

On two elbow crutches and with poor balance, how do you get milk out of a floor-standing fridge when the bottles are usually placed at the bottom of the door for safety? How do you pick up the milk bottles delivered by the milkman? How do you cook food in a free-standing oven below waist height? How do you wash clothes/dishes in a machine? How do you carry anything more than a cup? Lots of one-handed carrying to and fro meant at least I was getting a bit of exercise!



The grabbing sticks were extremely useful and I picked up items one handed ranging in size from a pill to shoes and packets of food and lightish things in between. Vital as aids for dressing too, but no good for lifting heavier or smooth items like milk bottles though. For those I needed a good neighbour who lifted them up onto the dust bin for me to take in later. We solved the milk problem by decanting it into small jam jars and placing them on the top shelf of the fridge door. That was one of the first jobs for my visiting band of angels each day. Washing was done in relays: friend A put them in; friend B got them out and hung them on the line; friend C got them in when dried; friend D ironed if necessary. Not a speedy job, but I wasn't in a rush for clean clothes, as I wasn't leading the high life!



Everything I might need had to be to hand near my chair, my bed or on the kitchen worktops otherwise I had to wait till the angels appeared to get what I needed. Thank goodness for marvellous friends and family who cooked, made lunches, washed, shopped, rearranged the freezer/cupboards for my range of access, changed bedding and cleaned, retrieved dropped items, helped with physio, took me to their homes for showers, removed elastic stockings, washed and dried my feet, visited me with gifts of flowers, treats and puzzles, made me laugh and who did many other tasks which made life bearable after the shock of falling. I don't know how I would have managed without them.

As a consequence I now own a number of useful items which cannot be returned to the NHS!! If you need a grabber I've got 3 (one's no use if it's upstairs and you've dropped something vital downstairs and vice versa); a trolley almost

unused, as I felt too insecure in the early days pushing it - more useful now; a raised toilet seat; a toilet seat on a frame; 3 pairs of elbow crutches (1 pair can be returned to Blackpool Vic) and a perching stool (this is still in use). I did borrow a toilet frame with arms from Jan Astley and I feel sure there are a number of items like these lurking in the possession of church members. If we had a directory of them then I could have borrowed items from 'our stock' and saved money for the NHS. What do you think?

This whole experience has made me think about the ageing process as well as rehab after ops and how it will be useful to plan one's future needs before being thrown into the mayhem of needing them now, and not having them, as I was in February! I'm having a shower cubicle installed in a downstairs cloakroom this month as part of the plan, as I can't access the shower over my bath now, but I will want to use the bath when fully fit. As I progressed to using just one crutch for mobility, I could do more light jobs whilst still not bending, but I often needed help to complete them. I could sweep the floor, but not pick up the pile of dirt, so one really useful item I will be buying is a long handled dustpan and brush.



Veronica Frost

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At that day of judgement we shall not be asked what we have read, but what we have done. *Thomas a Kempis*

“Let us not grow weary in doing good things, for at the proper time we will reap a harvest if we do not give up.”
Galatians 6:9

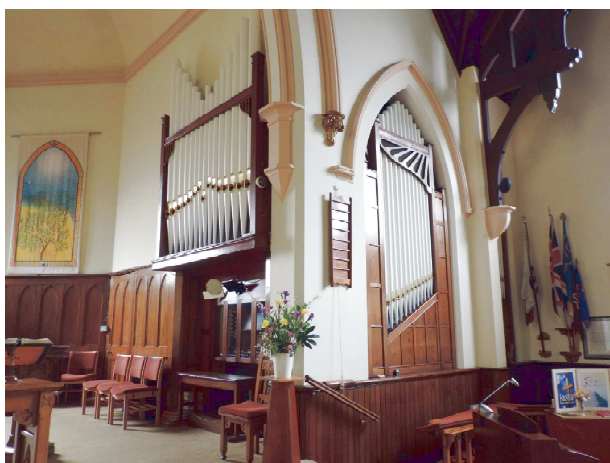
Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge him and he will make your paths straight.
Proverbs 3: 5-6

Integrity without knowledge is weak and useless, and knowledge without integrity is dangerous and dreadful.
Samuel Johnson

THE HISTORIES OF TWO ORGANS

Did you know?

The organ at Fulwood was originally built around 1890 by Wilkinson's of Kendal for Barrow Wesleyan Church. The church was bombed in 1942 during WW2 and the organ removed by Wilkinson's to its Kendal factory. There it was stored, then sold around 1949 and installed at Fulwood with a new electric action. Whether the organ was removed before the church was bombed, or later, is not known.



Fulwood's Organ

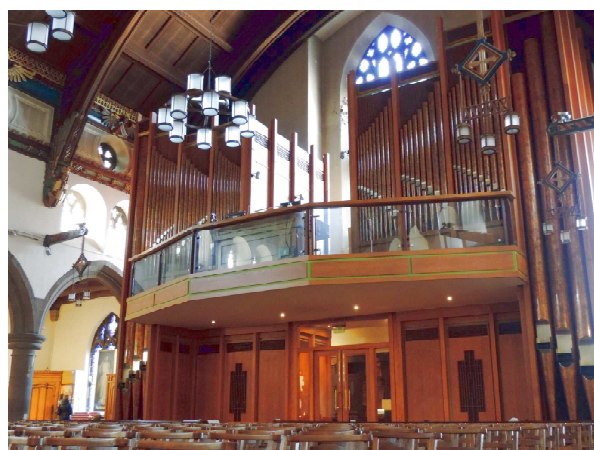
Did you also know?



Preston Public Hall organ

The organ that was formerly in the Public Hall in Preston, the remaining part now the Corn Exchange pub, lives on. The organ was dismantled in 1989 and placed in the care of the Redundant Churches Fund at All Souls Church, Haley Hill in Halifax. It was later moved to Marshall's Mill, part of the Dean Clough Mill complex at Halifax.

In 2004, the organ was acquired by Matthew Copley to form the basis of his 'new' instrument for St.



St. Mary's Metropolitan organ

Mary's Metropolitan Cathedral in Edinburgh (not to be confused with St. Mary's Episcopal Cathedral, also in Edinburgh). Though only small as cathedrals go, it is a large instrument, particularly for a Roman Catholic church. Only the pipes were used in this new instrument and it has a magnificent new keyboard console.

If you visit Edinburgh, it is worth seeing both cathedrals, the Catholic cathedral being east of Princes Street and the Episcopal cathedral, west of Princes Street.

John Butterworth

*Historical information from 'National Pipe Organ Register' (www.npro.org.uk)
Small photos (npro). Larger photos (John Butterworth)*

I SAID A PRAYER FOR YOU TODAY

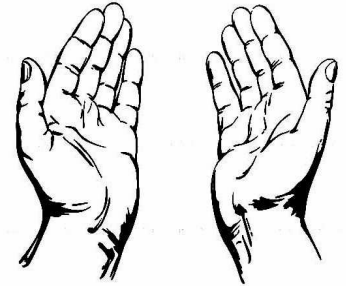
I said a prayer for you today
and I know God must have heard:
I felt the answer in my heart
although He spoke no word.
I didn't ask for wealth or fame
(I knew you wouldn't mind).
I asked Him to send treasures
of a far more lasting kind!
I asked that He'd be near you
at the start of each new day,
To grant you health and blessings
and friends to share your way!
I asked for happiness for you
in all things great and small,
But it was for His loving care
I prayed the most of all!



Author unknown

IN GOD'S HANDS

In your journey to and fro
God direct you;
In your happiness and pleasure
God bless you;
In care, anxiety or trouble
God sustain you;
In peril and in danger
God protect you.



Archbishop Timothy Olufosoye, Nigeria

PRACTISE THE PAUSE

When in doubt, pause.
When angry, pause.
When tired, pause.
When stressed, pause.
When happy, pause.
And when you pause, pray!



Author unknown

THE FIVE FINGERS PRAYER

1. Your thumb is nearest to you, and without it you are helpless. So begin your prayers by praying for those closest to you, without whom you, too, would be lost. They are the easiest to remember. To pray for our loved ones is, as C. S. Lewis once said, a "sweet duty."

2. The next finger is the pointing finger. Pray for those who teach, instruct and heal. This includes teachers, doctors, and ministers. They need support and wisdom in pointing others in the right direction. Keep them in your prayers.

3. The next finger is the tallest finger. It reminds us of our leaders. Pray for our Prime Minister, our Assembly leader, the national leaders in Europe, the leaders in business and industry, and administrators. These people shape our nations and guide public opinion. They need God's guidance.

4. The fourth finger is our ring finger. Surprising to many is the fact that this is our weakest finger; as any piano teacher will testify. It should remind us to pray for those who are weak, in trouble or in pain. They need your prayers day and night. You cannot pray too much for them.

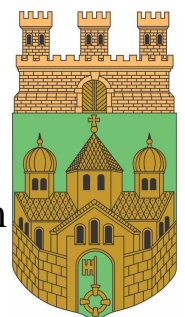
5. And lastly comes our little finger; the smallest finger of all. Which is where we should place ourselves in relation to God and others. As the Bible says, "The least shall be the greatest among you." Your 'pinkie' should remind you to pray for yourself.

By the time you have prayed for the other four groups, your own needs will be put into proper perspective and you will be able to pray for yourself more effectively.

* * * * *

RECKLINGHAUSEN

After a very successful and enjoyable visit to our friends in our twin church in Recklinghausen, Germany, last summer, we are now looking forward to their return visit next year from 11th to 15th June 2020. Soon we will be meeting to prepare for this event. It would be great to hear from anyone who would like to be involved in these preparations, even in a small way.



COME AND JOIN US!!

I have great fun in Christ Church Parish Hall each Monday evening. I belong to the group of Scottish Country Dancers who meet in the hall each week for a couple of hours.

This summer, on Monday evenings 12th August until 9th September (5 weeks), 7:30 to 9:30pm, we are going to hold a Taster Course so that adults and accompanied 11 to 18 year olds can come along and find out what it is all about with other new beginners. We will be able to take it really slowly and learn the very basic moves and steps.

Cost of the course will be £10 towards hall fees.

Scottish Country Dancing is a social form of dancing where two or more couples dance patterns or figures in a sequence. It is really enjoyable and keeps us fit both mentally and physically.

Through the year the Monday night class is an all-ability class and has a relaxed atmosphere. We learn dances and figures week by week and have social dancing once a month. Experienced dancers are at hand to help the less experienced.

All you need to do is bring yourself (no partner necessary) and some flat, soft shoes. After the course you will be ready to attend our Monday night class which is all-ability at Christ Church Hall, Victoria Road, Fulwood, PR2 8NE. Come and make new friends!

John Thompson

To book on the Taster Course and for more information please contact Joan & John Thompson on 01257 278400 or e-mail JoanRSCDS@uwclub.net

Other classes available. Look at the web site – www.ribblevalley-rscds.org.uk

THE DICTIONARY OF METHODISM

John Vickers, editor-in-chief of The Dictionary of Methodism, would like to include in it potted versions of several Lancashire towns, in particular Accrington, Black burn, Burnley, Bury and Wigan.

There's surely a wealth of knowledge 'out there' and if you have any information about Methodism in any of the above, please contact Mrs Rosemary Wells of 4, Arnside Avenue, LYTHAM ST ANNES, FY8 3SA; tel. 01253 720554 or e-mail rosemary.wells@talktalk.net who will put you in touch with John Vickers or Ken Bowden.



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THEATRE VISITS

THE IMPORTANCE OF BEING EARNEST

Oscar Wilde

by the Bolton Octagon Company

Wednesday 12th June 2019. 2.00pm

The cost will be £39 with an additional £4 insurance payment.

* * * * *

ANNIE

Liverpool Empire

Saturday 29th June 2019 2.30pm.

There is also a major exhibition at The Walker Art Gallery of the work of the Scottish artist and designer, MacIntosh.

The cost for the coach and theatre will be £66 with an optional additional insurance payment of £6.

* * * * *

DEAR UNCLE

Theatre by the Lake - Keswick

Wednesday 21 August (Matinee)

£45 (or £25 for a day trip only)

* * * * *

LLANDUDNO DAY VISIT

September 2019 – Date TBC

(likely on a Monday or Tuesday)

Expressions of interest being taken for this trip dates, prices and details to be confirmed.

* * * * *

THE LADYKILLERS

Theatre by the Lake - Keswick

Wednesday 30 October (Matinee)

£45 (or £25 for a day trip only)

* * * * *

Sunday 24th November 2019

YORK TRIP

for 3 nights / 4 days

staying at the Mercure Fairfield Manor Hotel including day trips by coach.

Prices & further details TBC.

Expressions of interest being taken for this trip.

* * * * *

LES MISERABLES

The Lowry

Saturday 16 May 2020 (matinee)

The inclusive cost will be in the region of £80

(I know! They are good seats, but not the most expensive.)



For further information and to register your interest, please contact Sharon Beck at Fulwood Methodist Church – Tel No: 01772 718741 (Mobile 07592 167700)

DIARY DATES

JUNE

Sunday 30th 9.30 am Quiet Communion In Church

Thursday 27th to Thursday 4th July - Methodist Conference in Birmingham

Saturday 29th Theatre Visit - ANNIE - Liverpool Empire

JULY

Monday 1st 7.30 pm Finance Meeting

Tuesday 2nd 5.00 pm - 7.00pm Messy Church at Church Hopefully outside
7.30 pm Book Club 'The Rufford Rose' by Margaret Lambert

Tuesday 11th 2.00 pm Service at Sherwood Lodge

Sunday 14th 'Action for Children Sunday' with visiting speaker Helen Noble
4.00 pm SPACE at Christ Church Longridge
a Circuit Worship event

4.00 pm OMG Summer Fun - for all of us

Tuesday 16th 7.30 pm Book Club 'Colossians'

Sunday 21st 6.30 pm Circuit Farewell service

for Rev Andrew Webb and Rev Mark Slaney
at Bamber Bridge Methodist Church

Saturday 27th 9.30am - 1.00pm Farmers' Market

AUGUST

Sunday 4th Church Picnic after morning Service (see notices near the time)

Thursday 15th 2.00 pm Service at Sherwood Lodge

Wednesday 21st Theatre Visit - DEAR UNCLE - Keswick (or day trip only)

SEPTEMBER

Sunday 1st 6.30 Circuit Welcome Service Penwortham Methodist Church

Saturday 28th 9.30am to 1.00pm Farmers' Market

Date TBC Day trip to Llandudno (details to follow)

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CHURCH ACTIVITIES

Sunday

9.45 am Singing Practice (Copper Beech Room)

Tuesday

10.00 am	Men's AM Club (fortnightly)	Graham Johnson
2.15 pm	Women's Fellowship (weekly)	Muriel Crossley
5-7.00 pm	Messy Church (half-termly) for families	Delma Whitman
7.00 pm	Alphabites (monthly fellowship)	Margaret Holmes
7.00 pm	Book Club (monthly)	Ken Wales

Wednesday

10 till 1.30	Welcome Wednesday - food, activities, games and New2U stall	
10.30 am	Midweek Communion with prayers	
7.30/8.00	WoW (monthly Women's Group)	Wendy Gaskell

Thursday

7.00 pm	Knitting Group (Copper Beech Room)	Veronica Frost
7.15 pm	Table Tennis matches	Alan Smith
8.01 pm	Ladies After 8 group (fortnightly)	Barbara Hothersall

Friday

9.30 am	Toddlers' Club (under 5s & parents/carers)	Janet Porter
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FOR CHILDREN & YOUNG PEOPLE

Monday

6.00 pm	Beavers (6 - 8 yr)	Fiona Jackson
7.00 pm	Cubs (8 - 10½ yr)	Karen Smalley

Tuesday

7.00 pm	Scouts (10½ - 14 yr)	Chris Thomas
7.00 pm	Explorer Scouts (14 - 18 yr)	Operated by Scout District
7.00 pm	Scout Network (18 - 25 yr)	Operated by Scout County

Thursday

5.45 pm	Rainbows (5 - 7 yr)	Jayne Myatt
6.15 pm	Brownies (7 - 10 yr)	Diane Bird
7.30 pm	Guides (10 - 14 yr)	Hannah Jones

Friday

6.30 pm	Escape (7- 11 yr)	Darren Arnold
8.00 pm	Youth Club (Secondary School age)	“ “

Sunday

10.30 am	Sunday Club	Janet Wales
12.30 pm	OMG (2nd Sun of month for years 5 to 8/9)	Wendy Bennett

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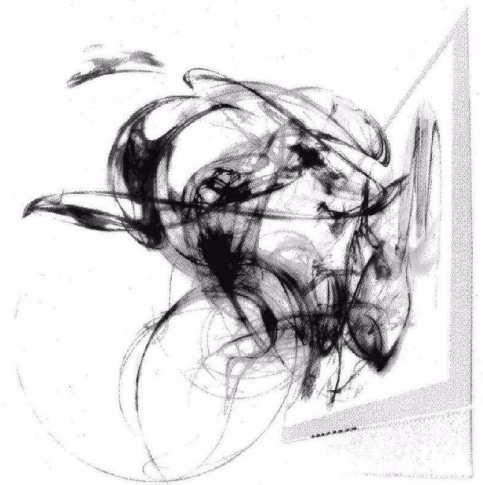
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