



**Fulwood Methodist Church
Crossroads Centre**

HARVEST 2018



Twinned with the Evangelisch-methodistische Kirche,
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THE FULWOOD METHODIST

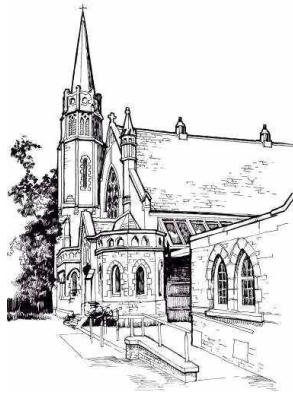
FULWOOD METHODIST CHURCH

Watling Street Road, Fulwood, Preston, PR2 8EA

Tel. Preston (01772) 718741

Registered Charity No. 1133929

MINISTER
Rev. Jane Wild
janwld@aol.co.uk
Tel. 01772 715134



**YOUTH, CHILDREN AND
FAMILY WORKER**
Darren Arnold
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Tel. 07811 775825

SUNDAY SERVICES

9.45 am SINGING PRACTICE

10.30 am MORNING WORSHIP & SUNDAY CLUB

We offer a welcome to all ages on Sunday mornings, there is a CRÈCHE for babies and toddlers while parents are in worship. The first 15 minutes of worship are for all ages and then on most Sundays the children leave for their own time in SUNDAY CLUB, where there are groups for different ages. Parents can go out with the younger ones to see them settle, and then come back into church for worship. Sunday Club and worship finish at the same time and an invitation is extended to everyone to stay and share in fellowship in the Willow Grove, where tea, coffee and orange juice are served.

The CHURCH MINIBUS provides free transport to and from Church on Sunday mornings. The timetable and route information are available at Church. Should you wish to make use of it please complete one of the request cards in Willow Grove.

6.30 pm. EVENING WORSHIP. With every 2nd Sunday of the month from 4.00 pm to 6.00 pm SPACE - Multiplex Worship and Discipleship here at Fulwood for the whole circuit. *(See weekly notices for details)*

HOLY COMMUNION is celebrated monthly (morning and evening) and once a month there is ALL-AGE WORSHIP involving children from the youth groups.

For BAPTISMS, MARRIAGES AND FUNERALS contact Rev. Jane Wild

**If you need any help, or have any concerns, please contact
Rev. Jane Wild or Mrs. Sue Penrith (862273)**

or contact Tel.....

EDITORIAL

No sooner do we have the Summer issue 'put to bed' than the Harvest issue demands our attention! Not to worry though, our contributors always seem to respond and we're extremely grateful for all your efforts.

For the **Christmas** issue the **copy date will be Sunday, 18th November, 2018**. Any contributions ahead of that date would be especially welcome. (N.B. Articles may be subject to editing.)

Roy Smith (Editor)

* * * * *

FULWOOD STEWARDS

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COMMUNION

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John Butterworth, Jacqueline Clarke, Sue Hogarth,
Graham Johnson, Pam Johnson, Melba Southwood

Pastoral Secretary:

Sue Penrith (862273) email: *suepenrith@virginmedia.com*

* * * * *

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If you need a spare copy, please pick one up from Willow Grove.

This magazine is also available in large print version and on the internet at www.fulwoodmethodist.org.uk and click the Magazine cover graphic or the **Online Magazine** tab on the 2nd page.

If you have a smartphone, scan the QR-code alongside to access the site.

Copies going back to Harvest 2001 are available!



PASTORAL LETTER from Rev Jane Wild

Dear Friends

Over the summer I have been reading some things that have challenged the way I think about history; about Korea and it's relationship to Japan; the southern American states' treatment of slaves, female resistance fighters in World War 2 and the time and background to Nostradamus' writings. I have been challenged by all of them as each has a different perspective on how the world is, and indeed how the world should be. Each writer has approached their theme from an unusual perspective as far as I was concerned and made me think hard about the judgements and values that I have about different cultures, countries and philosophies.

Much has changed in our world in recent years, with many of the developments and changes having a huge impact on how we live. 10 years ago very few people were conscious of the environmental impact of the use of plastics and now most of us are aware at least of some of the areas of concern surrounding how they are used and disposed of.

This year at our Harvest we are giving thanks to God for the great abundance of the gifts of creation. We praise God for the glory of creation and the wonder of the world. We are also taking time to think about the responsibility we bear in caring for creation and sustaining its resources; to be challenged by different approaches and philosophies around care for the environment, particularly this year, the sea. We will be joined by a researcher from Lancaster University to help us reflect.

The Bible says this -

“When you reap your harvest in your field and have forgotten a sheaf in the field, you shall not go back to get it; it shall be for the alien, for the orphan, and for the widow, in order that the LORD your God may bless you in all the work of your hands. When you beat your olive tree, you shall not go over the boughs again; it shall be for the alien, for the orphan, and for the widow. When you gather the grapes of your vineyard, you shall not go over it again; it shall be for the alien, for the orphan, and for the widow.” *Deuteronomy 24:19-21*

We are called to responsible sharing of the world we live in. I hope that, as we give thanks for Harvest, we are also able to bring about change for the good in our relationship to the gift of the world.

God Bless

Jane



FAMILY NEWS

Baptisms

We have welcomed by baptism

Sunday 2nd September - Sebastian Michael Eric Lawton

Sunday 9th September - Libby Louise Miller



In Memoriam

We remember the family of Jack Walker as the family continue to mourn him. His obituary will be in the Christmas edition.

* * * * *

CONTACT DETAILS

Thank you to everyone who has given us permission to keep their contact details so that we can do things like sending out this magazine and contacting you about things relating to Church life. If you have not returned a form and wish to continue receiving a magazine and information, please fill in a slip available in the Willow Grove or contact Rev. Jane Wild janwld@aol.com 01772715134 or Sue Penrith so we can keep in touch with you.

Family Groups

There is still time to sign up for a Church family group. This would be a group of 12 people (if there are lots of volunteers we can try more than one). Each group would commit to meeting in some form with each other, every month to 6 weeks, to be determined by the group, to share in something. It can be a prayer study or fellowship, it can be a meal or a social activity. Also, once in the trial year to help prepare worship together (you would not be asked to speak or stand at the front if you did not want to).

The aim is to build an intentional set of relationships and to keep an eye out for each other. This trial is to look at whether a system like this would enable us to care better for each other and grow in our life of faith.

Jane Wild

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A REQUEST

Please can contributors to this magazine submit their articles by the deadline date published on the editorial page. It often takes more than 50 hours of work to transcribe, collate, check spellings, find and check permissions for pictures, etc., then organise into a suitable order and finally print. It gets very difficult reorganising pages to accommodate items that come in late. The magazine HAS to be a multiple of four pages, so your co-operation would be gratefully appreciated. Thank you.

Roy Smith (editor) + John Butterworth (computer layout)

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CHILDREN'S & YOUTH WORK

During the summer, we held 4 weeks of activities for families. Over 200 children came through the doors and joined in doing themed crafts, colouring, playing games, watching films, getting pampered and eating cake! Lots of fun was had! A big thank you to everyone who helped and made these activities so successful.

OMG has started back at a new time, straight after the parade services. Our first session was about 'New Beginnings'. The group are now looking forward to attending '3Generate' at Pontin's, Southport, in November. Looking forward, I am hopeful of starting a new group for 4-7year olds on a Wednesday afternoon, so will be asking for volunteers to help me very soon. Also, we are asking for volunteers to help with a circuit 'Light Party' in November.



Darren Arnold

NEXT THEATRE VISITS

Theatre Visits meeting - 22 Sept during Farmers' Market at 11.00am

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Wednesday 17th October

**A day visit to Keswick** including a matinee at The Theatre by The Lake of **JEEVES AND WOOSTER IN PERFECT NONSENSE**

~~~~~

Wednesday 21st November (matinee) Palace Theatre, Manchester

MATILDA

~~~~~

For further information, eg., prices, etc. and to register your interest, please contact Sharon Beck at Fulwood Methodist Church Tel No: 01772 718741 (Mobile 07592 167700) [www.fulwoodmethodist.org.uk/events/theatrevisits.htm](http://www.fulwoodmethodist.org.uk/events/theatrevisits.htm) or email [theatrevisits@fulwoodmethodist.org.uk](mailto:theatrevisits@fulwoodmethodist.org.uk)

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### INTRODUCING MOSES THE MINIBUS

Toot Toot everyone!! My name is Moses and I live in the garage at the back of church. I have a fresh young team of attractive drivers who are keen to pick you up from home on Sunday mornings and bring you to and from church. There are plenty of free seats and you can go one-way or plan a return. During the week, I also am available to the Scouts and to OMG for their special trips, but my main job is on Sundays. So leave the car at home and ask for me! Well, actually ask Eric Waterhouse (863743) to put you on the list and we'll add you to the route!



Many thanks.

## ACTION FOR CHILDREN CELEBRATION DAY

Way back in the spring, I received an invitation from Action For Children to a Celebration Day to be held on July 30<sup>th</sup> in Manchester. I have never attended these events before as they have been held too far away to travel if one is relying on public transport. Manchester I could manage. Another incentive was the fact that it was to be held in Elizabeth Gaskell House, a building I had wanted to visit for ages.

On arrival we partook of tea/coffee and biscuits and there was an opportunity to informally meet several of the charity's northwest fund raising staff. Dianne Goodier and Helen Noble, are two ladies with whom I have spoken over the telephone on numerous occasions and it was good to see them in person. We were welcomed by Gill Dean who is the Community Fund Raising Manager for the England North and Wales team. There was a short film covering the beginnings of Action For Children which as you probably all know was originally called the National Children Home and started in London 150 years ago next year. Gill supplied us with some interesting facts and answered questions. I had not realised that AFC is the largest children's charity, nor was I aware that for every £1 raised, 92 pence of it is spent on the families and children in its care.

Gill was followed by a presentation from Bianca Campos, Jess Pratt and Roland Hailwood, on how to leave gifts to the charity in wills. We learned about the various ways one can leave money to AFC and if anyone is interested, I now have a document explaining how to go about it. After a short break there was a most moving talk from Suzanne Parsons from the Manchester Fostering team. Assisted by a young man called Nick, she talked about a young girl who had come into their care as a truly desperate case and who is now turning her life around. Suzanne told us that all their charges are sent by the local authorities and Action for Children is usually the last chance for these young people. AFC are there for the carers at all times with support and help.

The final speaker was Alysha Lawlor from the area fund raising team who covered the various ways of collecting and introduced the Clothes Aid collecting bags which will be coming through our doors soon. We were then treated to a very pleasant buffet lunch where I met folk from all over the district and we were able to chat and exchange ideas.

After lunch there was a real treat, a guided tour of the house and gardens. The house was the home of the Rev. William Gaskell and his wife Elizabeth and their





four daughters. He was a Unitarian Minister and she was a champion of women and a famous novelist whose works include Cranford and the definitive biography of her close friend, Charlotte Bronte.

The house is run by a trust and our guide was a lady who had been closely involved with the herculean task of restoring the house and furnishing it as it would have been in the Gaskells' day. The house at 84, Plymouth Grove is a Grade II listed property. It is now used for educational purposes and



events such as ours. It is open to the public on Wednesdays, Thursdays and Sundays and is situated close to the Manchester Royal Infirmary which is a little way from the city centre and well worth a visit.

I met some very pleasant and inspiring people, learned a great deal, was guided around a fascinating house and had a lovely lunch. All in all, a grand day out!

*Barbara Hothersall*

# **Martin's**

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## THE WAR TO END ALL WARS

- Following on from the traditional Royal British Legion march past and wreath laying at the Cenotaph on Remembrance Sunday (11<sup>th</sup> November this year), 10,000 members of the British public are being invited to take part in a People's Procession. This is to be a re-enactment of the event 100 years ago when news of the signing of the Armistice on 11/11/1918 brought crowds out onto the streets in a spontaneous outpouring of joy and relief.
- The National Trust plans to light a beacon on the top of Scafell Pike on Armistice Day, Sunday 11<sup>th</sup> November.
- The Armistice was agreed at 5:12 am – almost 6 hours before the “eleventh hour of the eleventh day of the eleventh month” and war continued to be waged until the very last minute.
- The Imperial War Museum (North) at Salford Quays has launched *Lest We Forget*, an exhibition that aims to provide an understanding of how the vast number of casualties has directly influenced how we perceive the First World War. Several paintings commissioned by the British government in 1918 as a memorial will be included. The exhibition is scheduled to run until 24<sup>th</sup> February, 2019.
- Many people will remember the 55<sup>th</sup> Division Club in Church Street before it closed several years ago. It was set up following the First World War to honour soldiers from the Lancashire regiments of the 55<sup>th</sup> Division. Here are some words written in 1917 by Leonard Wall, a young officer serving in the 55<sup>th</sup> West Lancashire Division, whilst sitting in his dug-out at Ypres:-

*When Princes fought for England's Crown  
The House that won the most renown,  
And trod the sullen Yorkist down,  
Was Lancaster.*

*Her blood-red emblem, stricken sore,  
Yet steeped her pallid foe in gore,  
Still stands for England evermore,  
And Lancashire.*

*Now England's blood like water flows,  
Full many a lusty German knows,  
We win or die who wear the Rose  
Of Lancaster.*



- Initially 32 villages were identified as Thankful Villages, but recent research has identified another 20 in England and Wales: villages from which all soldiers returned. Lancashire has two: Arkholme and Nether Kellett – just five miles apart in the area to the north of Lancaster.  
On the other hand, Northlew in Devon has the unenviable record of having lost, as a proportion of its population, the greatest number of enlisted men of any town or village in Britain. No less than 25% of those who went to serve.
- A somewhat grim thought: the First World War was a catalyst for great advances in prosthetic limbs.  
There were almost two million disabled ex-servicemen by the end of the war. Efforts by a number of individuals and groups culminated in King George V proclaiming the King’s National Roll Scheme. It called for businesses to ensure five per cent of their workforce would be disabled servicemen. Those who fulfilled this quota were allowed to imprint a Seal of Honour on their business stationery. They also received a certificate, which was often framed and placed in a prominent position on their premises. The scheme remained active until the 1944 Disabled Persons (Employment) Act was passed.
- Efforts are under way to establish a 450 miles (725 km) long footpath, stretching from Pforterhouse on the French-Swiss border to Nieuwpoort on the coast of Belgium, to serve as a ‘Via Sacra’ – Sacred Way – in honour of the 17 million war dead. Currently it goes under the name of the Western Front Way. To find out more go to [www.thewesternfrontway.com](http://www.thewesternfrontway.com)
- Hand-knitted purple poppies are beginning to appear, as a means of recalling the sacrifice of up to six million horses during the First World War.
- Plans are afoot for a Feast of Peace event on Preston’s Flag Market in November to mark the end of the Great War.
- Here’s a final reflection on our coverage of those four dreadful years:



*“There is more blood than paint upon these hands. All those thousands of men killed. We thought it would be a little job, and so it might have been if it had begun in the right way.”*

**Winston Churchill**  
*as early as 1915*

# THE POPPY FIELDS

Dave Topping and Mike Cushing produced another worship song in time for Remembrance Sunday 2008.

‘The Poppy Fields’ was a very difficult song to get to where they were happy with it, mainly because of the emotive subject. It is a song particularly for Remembrance Sunday and it tries to portray all the feelings of the day, through the words, the use of the flute and drum and the choice of singers.

The 1st verse is intended as a female solo, without music and is the woman / girl recalling her husband, son or brother leaving to go to war. Verse 2 looks back at the aftermath and whilst we can find forgiveness for the enemy, we will never forget those who paid the ultimate sacrifice. The 3rd verse continues this theme, referring to the ‘Pals’ that so many towns had; with whole communities of young men who died so bravely- but alas the wars and the killing fields still continue to be part of our world. The final verse tells of how our faith is still upheld, remembering that Jesus himself gave his life to save us and “No greater love than to lay down your life.”

We gaze upon the crosses, the poppy fields of red,  
it scarcely tells the story of the blood that once was shed.  
A little bit of Flanders lies still within our heart,  
the smell and sound of battle on the day we had to part.

We gaze upon the crosses, the poppy fields of red,  
it scarcely tells the story of the blood that once was shed.  
And as the years have passed by, our foes we can forgive,  
but we’ll not forget the soldiers who died that we may live.

We gaze upon the crosses, the poppy fields of red,  
it scarcely tells the story of the blood that once was shed.  
The killing fields continue with hearts as hard as stone,  
but we always will remember the pals who ne’er came home.

We gaze upon the crosses, the poppy fields of red,  
it scarcely tells the story of the blood that once was shed.  
And so our faith upholds us our thanks and prayers we give,  
and we put our trust in Jesus who died that we may live.



Words - *Dave Topping*  
Music - *Mike Cushing*

# THE POPPY FIELDS

Voice

We gaze up-on the cross-es, the pop - py fields of red. It

Flute

Cello

scarce - ly tells the stor - y of the blood that there was shed. And

so our faith up - holds us, our thanks and praise we give, And/we

put our trust in Jes - us who died that we may live.

## A NEW POPPIES POEM FROM DAVE

Once more the poppies dance upon the breeze,  
A bright red carpet laid across the field,  
Picturesque upon the eye to please,  
A mask to cover all that war could yield.

No more hardship a consequence of war,  
The smell of futile death amongst the mud,  
No more to see the skylark swiftly soar,  
Or take up arms because we feel we should.

Row on row like statues set in glory,  
Pristine gravestones reflected in the sun.  
Each and every one a different story,  
Of a father, uncle, brother, son.

Once more his current thought may falter,  
Scarred in his mind the Pals who ne'er came home,  
Sadly he knows that some things never alter,  
Once more he knows that that lessons won't be learned.



*Poppy sculpture outside Imperial War  
Museum North, Salford - 2018*

*Photo - MEN*

***Dave Topping***

*And another which was sung by the church choir in 2016.*

We will remember them. We will remember them,  
At the setting of the sun and the break of every day.  
They gave their lives that we should have our liberty,  
So every day they'll know that we will remember them.

words - ***Dave Topping***  
music - ***Stephen Anyon***

\* \* \* \* \*

Have courage for the great sorrows of life, and patience for the small ones. And when you have laboriously accomplished your daily task, go to sleep in peace. God is awake.

***Victor Hugo***

# WORLD FEDERATION OF METHODIST AND UNITING CHURCH WOMEN

Not the snappiest title in the world! Much thought and time went into the discussion of a new title, but nothing else said what was needed.

The organisation started formally in 1939, as the World Federation of

Methodist Women, but by the 1990s ecumenism had moved on and there were several countries around the world where the Methodist Church had become part of an United or Uniting (in Australia) Church. The women from a Methodist background wished to keep their links with the World Federation and the name was eventually changed in 1996.

The purpose of the Federation is “To know Christ and to make Him known” and its symbol is the ‘Tree of Life’ whose “leaves are for the healing of the nations” as described in the last book of the Bible.

Methodist Women in Britain is the British Unit of the World Federation and this year one of the Unit’s annual meetings is being held in our District, at St. Paul’s Methodist Church in Blackburn on October 27<sup>th</sup>.

This gives us an opportunity to find out more about the World Federation and learn something of Methodism outside Fulwood.



World Federation  
of Methodist and  
Uniting Church Women

*Ann Done*



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**Stuart Black**

## THE GOOD GODDESS PROJECT

Helen Frost and Luna Harrison, the co-founders of this charitable project, would like to thank the congregation of Fulwood Methodist Church for their ongoing, overwhelming support. Your kindness has touched our hearts and continues to confirm our faith in human kindness. You have supported us through your continuous generous donations, to support many women. The donations of sanitary products and chocolate bars get tied together with pretty ribbon and a gift tag, with an inspiring message, and given to those women, who either can't afford or are unable to access proper sanitary care.

So far, since Jan 2017, when we started this project, this is what we've been able to accomplish with your help:

We have given to local food banks such as the Salvation Army, who informed us they always give a family with females in it, 1 pack of tampons and 1 pack of sanitary towels a month.

We have developed a relationship with women's refuges in Lancashire and have donated regularly to them. It was highlighted to us that some of these women, due to abuse, were not even allowed to have sanitary care products, so the gift of these packs has been something special for them. Due to generous monetary donations we received on our 'go fund me' page we have been able to donate all different types of sanitary methods, so the women can have choice. We believe choice is empowering and they shouldn't just get what they are given. At Christmas last year, we had enough donations of toiletries that every woman in a refuge over Christmas, in Lancashire and surrounding areas, received a gift with a special note.

This year we have teamed up, by divine grace, with a lady who has started a charity called 'The Ripple Effect' which collects donations and sends huge shipments to the refugee camps in Greece. So, some of your donations have been packaged up and sent to Greece to women, who are in dire straits with no home, no security and no idea of their future.



We have also been out on the streets of Preston, giving to homeless women.

In India we were able to give packs to village women who normally use pieces of cotton, that are not hygienic. The risk of infections there is high and, if untreated, can lead to infertility. Contact was made with the 'Pad Man' there, a revolutionary who is trying to reform period care for women in India. He has invented a machine that can be operated by women, to make sanitary towels cheaply and ecologically. He only provides these villages so that women there can be empowered. In the



future we would like to afford to set up these machines in India and Africa as they are a more sustainable way of empowering women with pads that last one month.

Our project is working on small numbers at the moment, but our belief is that if we touch one woman's heart, we have changed the world with this gesture. Our future plan is to get charity status and then start to approach companies to help our project and help the women who need it.

High on our priority is to be an ecologically earth friendly project, providing non plastic, organic cotton pads as these are less harmful to our planet. We now have a connection to 'Honour Your Flow' which is a company in the Lakes who produces organic cotton reusable pads. Now it's possible to buy these packs of sanitary towels and have them sent to us.

Our latest project is collecting donations for the refugee women, for a shipment in October.

We are collecting wash bags, bars of soap, shampoo, conditioner, toothbrushes, deodorants, moisturiser, hairbrush, sanitary pads, bras, leggings and lavender essential oil.

If you would like to support us more, then here's how:

Continue to donate sanitary products, dark chocolate, ribbons, monetary donations. We need help with writing the messages to go on the cards and on the wrapping and packing nights. These are always lots of fun, with games, sharing stories and getting together in community to help others who are less fortunate. If you feel inspired to help us more deeply there is a lot of admin and organising to do, behind the scenes, so just get in touch.

Helen's email address: [swamijyotima108@gmail.com](mailto:swamijyotima108@gmail.com)

Luna's email address: [lulukittyboo@hotmail.com](mailto:lulukittyboo@hotmail.com)

Make donations at our go fund me page

[www.gofundme.com/zt3y59-the-good-goddess-project](http://www.gofundme.com/zt3y59-the-good-goddess-project)

The refugee charity - 'The Ripple Effect' website: [www.therippleeffect.info](http://www.therippleeffect.info)

The reusable eco company website: [www.honouryourflow.co.uk](http://www.honouryourflow.co.uk)

Thanks again for all your support, together we are the change we wish to see in the world.



Love **Helen and Luna**  
May God Bless you

## FULWOOD METHODIST BROWNIES

2017/18 has been a year of changes for our Brownie pack. We have said goodbye to Claire Richardson, who was our Brown Owl for 11 years and a leader for 20 years before that, and also to Katrina Charlton (Little Owl), who was with us for 7 years, but has left due to family commitments. They will be missed. We have been joined by Charlotte and Verity as Young Leaders and Emma as Leader in Training, with Olivia becoming a Leader in Training now she is 18. Claire Bird has taken over as Brown Owl, after 12 years as Snowy Owl (the girls still call her Snowy Owl from time to time but we are all getting used to the new title). Madeline Bennett and I are still there, though Madeline leaves us in September to pursue her studies.



The new Guiding programme has now been launched (see the poster on the wall outside the Cedar Room) and we will be phasing it in over the next couple of terms. We still have Interest badges, but with new themes (space, aviation,



charities to mention a few) but also have Skills Builders and Themed badges – a lot to get our heads round but we are all off to some training at the end of September so that should help.

We still keep many of the popular activities, though, and this year's favourites have again been the Pack Holiday at Guy's Farm, where the girls did Archery, Bouldering, Gyro cars and crafts, and the Sleepover at Church where we had Thomas Bounce the circus man and the girls achieved their Circus Performer badge. Not sure they would have got a badge for sleeping though!



We took 40 Brownies, parents and leaders to the Christmas Ice Show at Blackpool Pleasure Beach in December. This was a new venture for us and

everyone seemed to really enjoy it – we’ll certainly go again, though this year we are off to the Santa Special at Ribble Steam, organised by Brown Owl.

15 girls went to Waddow Hall in February with 5 leaders, where they did lots of outdoor activities, learning how to make and light a fire (under supervision) and then use it to make hot chocolate! This was to celebrate Thinking Day (20<sup>th</sup> February), the birthday of Lord and Lady Baden-Powell, who founded Scouts and Guides.

At present we have 24 girls with a number coming up from Rainbows over the next 12 months, so we’ll be full again by next May. Several of our younger leaders will be off to university over the next 12 months too, so if anyone feels the urge to join our enthusiastic team, please speak to any of the leaders.

*Diane Bird*  
(Wise Owl)



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## BOOK CLUB

The lovely summer (well, until mid-August) didn't offer many opportunities to curl up with a good book in preparation for our Book Club meeting in early September. Although some found it more interesting than others Penelope Lively's *Life in the Garden* was an appropriate choice. Our group contains some keen gardeners and some reluctant ones. The book has a similar range - it is really a collection of essays or articles exploring many aspects of the author's obvious love of the hobby. Gardens of different times and in different climates offered many imaginative opportunities. We learnt a lot about the history of gardening and how it is depicted in literature, music and art.

The book led to some good discussion. Does a book always need a narrative? Is gardening good for us, physically and psychologically.? Is land ownership good for society? When we garden, what are we doing? Are we working with or against nature? And, of course, some of us brought our own favourite passages from other books dealing with gardens and nature.

And we ate chocolate biscuits (and more healthy ones) and there was a bit of gentle teasing!

What's next?

9 October - we will find out more about Troy having read 'Priam's Gold' by Caroline Moorhead

6 or 13. November (date yet to be decided) -

'The Boy at the Back of the Class' by Onjali Q. Rauf. We hope to involve some of our youngsters in this

Then a longer list but with precise dates to be decided:

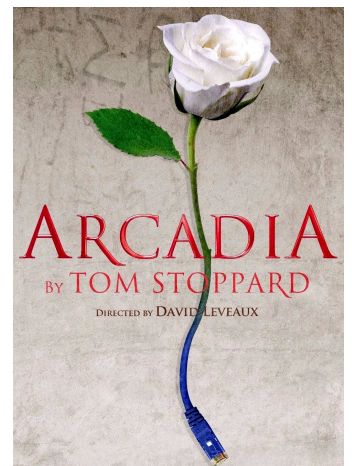
December - 'Arcadia' by Tom Stoppard  
(yes, we are going to think about a play)

January - 'The Beautiful Mystery' by Louise Penny

February - 'Women and Power' by Mary Beard and  
some will introduce us to women role  
models from the past

March - 'Phoebe' by Paula Gooder

We would love our group to grow and everyone is very welcome. See the Church website for further details.



*Ken Wales*

## CROSSING THE BAR

Sunset and evening star,  
And one clear call for me!  
And may there be no moaning of the bar,  
When I put out to sea.

But such a tide as moving seems asleep,  
Too full for sound and foam,  
When that which drew from out the boundless deep  
Turns again home.

Twilight and evening bell,  
And after that the dark!  
And may there be no sadness of farewell,  
When I embark.

For though from out our bourne of Time and Place  
The flood may bear me far,  
I hope to see my Pilot face to face  
When I have cross'd the bar.

*Alfred Lord Tennyson (1809 – 1892)*

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## A FARRAGO

- In our previous (Summer) issue we included a short verse *Time Is....* and the final line should have read, "Time is eternity". We sincerely apologise for the error.
- Further to the mention of FMC's successful Youth Club football team of the early 1950s (in the 'Heartbeat' article of our previous issue): apparently they were nicknamed 'The Pied Pipers' from the red and green quartered shirts they wore and home matches were played at Lulworth Road.
- An item in the Harvest 2004 issue of our magazine lists some of the players as:- Frank Ainsworth, Derek Fazackerley, Bobby Gearing, Keith Hall, Alan Jackson, Keith Redman, Brian Snape, Gerald Snape and Roy Wilson. Brian Snape has cudgelled his brain and come up with some more: Basil Duckworth, John Eaton, Dave Halsall, George Howarth, Hughie Swift and Steve Wilcock. Our special thanks to him. Can anyone add any other names to this list?
- At the 1918 Preston May Festival, organised by the Preston & District Band of Hope Union, its May Queen was Miss Olive Holden of Fulwood Wesleyan Sunday School and Band of Hope. She was also a scholar at the Park School.
- As of 12<sup>th</sup> July Abbot Hall, the Christian Guild Hotel at Grange-over-Sands, came under new ownership. We understand that Lindors (Wye Valley) has also been sold – leaving only Sidholme (Sidmouth, Devon), Treloyhan Manor (St Ives, Cornwall) and Willersley Castle (Matlock, Peak District) flying the CGH flag. A great pity, some would say.
- From time to time we mention dates when you could go to see the Mystery Plays of York and Chester being re-enacted. However, several other places have their own cycles of Mystery Plays, Wakefield being one. It is now thirty years since theirs were last performed and some local people are beginning to ask, "Isn't it about time they were repeated?"
- Among other folks' magazines and weekly news sheets which have arrived is a collection from the Barnsley area: St John's, Hoylandswaine; All Saints, Silkstone; Holy Trinity, Startforth and the Penistone & Thurlstone team ministry. Then there are examples from St Peter's, Addingham near Ilkley; Central Methodist Church, Preston; Christ Church, Fulwood; Church Road Methodist Church, St Annes; Fulwood URC; Lytham Methodist Church; St Leonard's, Penwortham; Oakworth Methodist Church and St Paul's, Warton.
- Others, from greater distances, include the Isles of Scilly Methodist Circuit; St Mary, Redlynch & St Birinus, Morgans Vale (Salisbury); the Shill Valley & Broadshire Benefice – 11 parishes in the Cotswold Hills, and the United Benefice of Chipping Campden, Ebrington & Mickleton, also in the Cotswolds.

## A JOHN WESLEY PRAYER

Lord God, Creator of the universe, you who care for all your children; I praise you for your wisdom and power which are beyond my thought and trust you for your infinite goodness and love which support me every day of my life. And I offer my thanksgiving for all the things you ask me to do. Make me more worthy to serve you and more willing to do your will.

Lord, let me not live to be useless.



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**For details - contact Allan Clarke at church**

## THE WIND



Who has seen the wind?  
Neither I nor you;  
But when the leaves hang trembling  
The wind is passing through.  
Who has seen the wind?  
Neither you nor I;  
But when the trees bow down their heads  
The wind is passing by.

*Christina Rossetti*

## WHEN THE LAST LONG TREK IS OVER

When the last long trek is over,  
And the last long trench filled in,  
I'll take a boat to Dover,  
Away from all the din;  
I'll take a trip to Mendip,  
I'll see the Wilshire downs,  
And all my soul I'll then dip  
In peace no trouble drowns.

Away from noise of battle,  
Away from bombs and shells,  
I'll lie where browse the cattle,  
Or pluck the purple bells.  
I'll lie among the heather,  
And watch the distant plain,  
Through all the summer weather,  
Nor go to fight again.



*Killed in action. Buried  
at Aubigny-et-Artois,  
North East of Arras.*

*Alec de Candole (1897 - 1918)*

## LAMENT

We who are left, how shall we look again  
Happily on the sun or feel the rain  
Without remembering how they who went  
Ungrudgingly and spent  
Their lives for us loved, too, the sun and rain?

A bird among the rain-wet lilac sings—  
But we, how shall we turn to little things  
And listen to the birds and winds and streams  
Made holy by their dreams,  
Nor feel the heart-break in the heart of things?

*Wilfrid Gibson (1878 – 1962)*





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## TOP TIPS FOR HEALTHY FEET

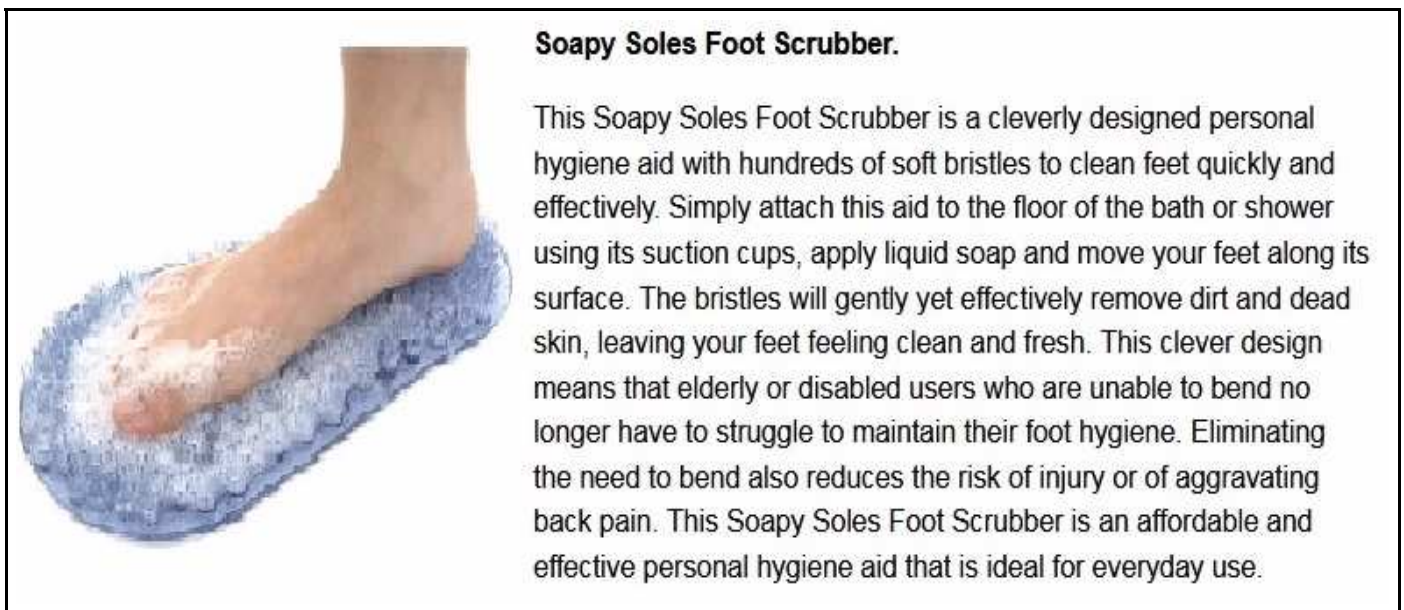
“The human foot is a masterpiece of engineering and a work of art”

*Leonardo da Vinci*

Our feet are amazing and we rely on them every day; so we need to look after them. Preventing foot problems is much easier than trying to resolve them.

Unfortunately, when foot problems occur it can affect our walking and moving around, cause a great deal of pain and take a long time to heal.

- ✓ Wash your feet daily. Use a cloth or long handled sponge or foot scrubber to apply friction, as letting water run over them is not enough. Ensure thorough drying afterwards with a towel (do not use talc). [www.completcareshop.co.uk](http://www.completcareshop.co.uk)



- ✓ Do regular calf stretches; this keeps your feet supple, which can help your balance.
- ✓ Pay attention to your socks. Wear well fitting socks (baggy socks can rub and cause sores), and change them every day to keep fresh.
- ✓ Trim your toenails. Use proper clippers and cut straight across, not too short, and not down the corners (this can lead to ingrowing toenails).
- ✓ Keep your feet moisturised. If the skin is dry put a moisturiser on at night before bed.
- ✓ Wear the right footwear that's the right size and level of support for you.
- ✓ Rotate your shoes. Try to not wear the same shoes two days in a row, this reduces the chance of fungal infections.
- ✓ Check feet regularly. If you can't, have you someone who can do this for you?

### Long Reach Foot and Body Sponge.



The Long-Reach Foot and Body Sponge is designed to assist bathers who have difficulty in reaching their lower limbs, either from restricted flexibility or disability. This long handled brush and sponge combination is long enough to reach the feet with ease, it comes equipped with a nylon brush, ideal for cleaning the feet and two interchangeable sponges which can be used for those more delicate areas. The handle is shaped to ensure excellent grip and comfort.

Should you have any problems with your feet you may need to see a specialist. Podiatrists specialise in assessment, diagnosis and treatment of foot and lower limb conditions.

### When do I need to see a podiatrist?

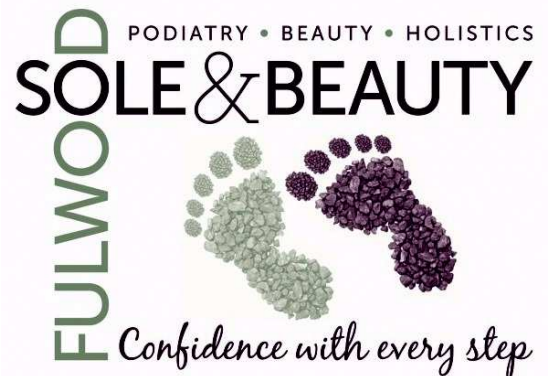
1. If your feet hurt
2. Any symptoms are getting worse
3. If you want to prevent foot problems



### How do I get an appointment with a podiatrist?

- ✓ Some health conditions mean that your GP can refer you via NHS services. Ask your GP or nurse if you qualify.
- ✓ Visit your local independent podiatry practitioner. Please ensure that they are HCPC registered, or look at [www.cop.org.uk](http://www.cop.org.uk)

I can personally recommend Alex Austin (and her team) at Sole and Beauty, first floor suite, 333 Garstang Road, Fulwood (just opposite Broadway Pharmacy). Home visits can be arranged. I visit regularly for foot health checks and value it hugely.



**Rachel Imms**

with thanks to

‘The College of Podiatry’ for top tips

\*\*\*\*\*

Since you get more joy out of giving joy to others, you should put a good deal of thought into the happiness that you are able to give.


**Eleanor Roosevelt**

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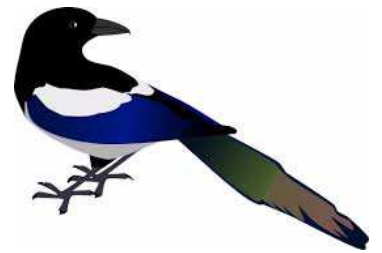
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## AUTUMN BIRDS

The wild duck startles like a sudden thought,  
And heron slow, as if it might be caught,  
The flopping crows on weary wings go by  
And grey beard jackdaws noising as they fly.  
The crowds of starnels whiz and hurry by,  
And darken like a clod the evening sky.  
The larks like thunder rise and suthy round,  
Then drop and nestle in the stubble ground.  
The wild swan hurries hight and noises loud  
With white neck peering to the evening clowd.  
The weary rooks to distant woods are gone  
With lengths of tail the magpie winnows on  
To neighbouring tree and leaves the distant crow  
While small birds nestle in the edge below.



*by John Clare (1793 – 1864)  
(with original spellings – Clare often employed  
words from his native Northamptonshire dialect).*

\* \* \* \* \*

## A MORNING PRAYER

I come before you O Lord,  
As the sun rises may your hope rise up in me.  
As the birds sing may your love flow out of me.  
As the light floods into this new day  
May your joy shine through me.  
I come before you O Lord  
And drink in this moment of peace  
That I may carry something of your hope, love and joy  
Today in my heart..  
Amen.



prayer courtesy of  
[www.living-prayers.com](http://www.living-prayers.com)

## DIARY DATES

### September

18th 7.30pm Stewards Meeting  
19th 7.30pm Circuit Meeting at Kingsfold  
22nd 9.30am - 1.00pm Farmers' Market (Theatre Visits meeting at 11.00am)  
23rd 10.30am Harvest Festival  
24th 7.30pm Fulwood Church Council  
30th 4.00pm Circuit Healing and Wholeness service  
at Penwortham Methodist Church

### October

3rd 7.00pm Black History group event at FMC. All welcome  
8th 7.30pm Church Life group  
15th 7.30pm Pastoral Visitors Meeting  
20th 7.30pm Choral Concert by the Lidun Singers of Lytham.  
There are Fulwood members in the choir.

### November

4th 3.00-5.00pm Light party  
4th 6.30pm Remembrance Service  
23rd to 25th 3Generate at Pontins, Southport - Youth event.  
*Please see Darren Arnold or Jane Wild if you would like to attend, for age under 23, or volunteer to help.*

### December

1st 10.00am - 2.00pm Christmas Fair  
20th (check time later) Lancashire Sings Christmas

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## CHURCH ACTIVITIES

### Sunday

9.45 am Singing Practice (Cedar Room)

### Tuesday

10.00 am Men's AM Club (fortnightly) Graham Johnson (719859)

2.15 pm Women's Fellowship (weekly) Muriel Crossley (716973)

5-7.00 pm Messy Church (half-termly) for families Delma Whitman (709181)

7.00 pm Alphabites (monthly fellowship) Margaret Holmes (726964)

7.00 pm Book Club (monthly) Ken Wales (863791)

### Wednesday

10 till 1.30 Welcome Wednesday - food, activities, games and New2U stall

10.30 am Midweek Communion with prayers

7.30/8.00 WoW (monthly Women's Group) Wendy Gaskell (07719 843543)

### Thursday

7.00 pm Knitting Group (Copper Beech Room) Veronica Frost (717415)

7.15 pm Table Tennis matches Alan Smith (07943 406021)

8.01 pm Ladies After 8 group (fortnightly) Barbara Hothersall (716203)

### Friday

9.30 am Toddlers' Club (under 5s & parents/carers) Janet Porter (462808)

## FOR CHILDREN & YOUNG PEOPLE

### Monday

6.00 pm Beavers (6 - 8 yr) Fiona Jackson (700487)

7.00 pm Cubs (8 - 10½ yr) Karen Smalley (735087)

### Tuesday

7.00 pm Scouts (10½ - 14 yr) Chris Thomas (07545 869326)

7.00 pm Explorer Scouts (14 - 18 yr) Operated by Scout District

7.00 pm Scout Network (18 - 25 yr) Operated by Scout County

### Thursday

5.45 pm Rainbows (5 - 7 yr) Jayne Myatt (718217)

6.15 pm Brownies (7 - 10 yr) Diane Bird (715298)

7.30 pm Guides (10 - 14 yr) Hannah Jones (718741) (church)

### Friday

6.30 pm Escape (7- 11 yr) Darren Arnold (07811 775825)

8.00 pm Youth Club (Secondary School age) “ “ “

### Sunday

10.30 am Sunday Club Janet Wales (863791)

12.30 pm OMG (2nd Sun of month for years 5 to 8/9) Wendy Bennett (860965)

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